

2019 USAS Convention  
St. Louis, MO  
September 12-14, 2019  
Ozark At-Large Delegate – Katie Kuhl

This year I was elected to participate in the U.S. Masters Swimming (USMS) Annual Meeting, held at the United States Aquatic Sports Convention from September 12-14 in St. Louis, Missouri. I had participated in the USA Swimming meetings of the convention before, but this was my first time being a part of the USMS meeting at the convention.

I attended so many interesting and informative meetings in my time at convention. These included all of the House of Delegates meetings, the Breadbasket Zone meeting, two of the Rules meetings, an officials meeting, a sports medicine and science talk, and the Swimming Saves Lives meeting. The USMS organization also has several functions and meetings for new delegates that I participated in as well. I also got to see the USMS keynote speakers and the 2019 Hall of Fame induction ceremony.

The House of Delegates meetings were filled with much debate, which I'm sure is typical. This year's main debates fell around the rules about switching club teams and the competing time between when an athlete can participate in relays and compete for the team they switched to. The house was pretty divided on if the 30-day unattached rule should be extended to 60 days, shortened, or stay the same. After many debates on the topic, the house ultimately tabled the discussion and suggested the Rules committee look more into a better solution. There were many more interesting discussions and elections throughout the HOD meetings, and a memorial video to remember those who we had lost in the last year as well. It was all very informative and helped me understand so much about the USMS organization!

Another meeting that I sat in on was the Swimming Saves Lives Committee. They were talking about more fundraising opportunities and how to grow the organization throughout all of the zones. We found out that the Saluki Swim Club got the Swimming Saves Lives grant once again!

While hosting the convention was a ton of work, especially for Maryanne, Lori, and all of the other countless volunteers, but I definitely had a great time! It seemed as though everyone did, and many people gave me compliments on how well everything went. It was a very busy weekend, but I hope I will find myself at convention again in the future!

Find the Meeting Minutes from the 2019 USMS Annual Meeting attached below.  
<https://www.usms.org/admin/minutes/index.php?GROUPID=&EVENTID=86>