

May Ozark LMSC Newsletter

USMS SC NATIONALS

Good luck to the 19 Ozark swimmers competing at the U.S. Masters Swimming Short Course Nationals in Atlanta (May 20-23). There are 1,975 swimmers entered in the meet. Real Time results will be available at <http://www.usms.org/comp/scnats10>

SENIOR GAMES

The St Louis Senior Olympics swimming events May 28-31 are Ozark LMSC recognized and the pool is measured. The swimming venue is the Chesterfield Jewish Community Center, 16803 Baxter Rd, Chesterfield, MO. Events start at 2 pm each day. Check in is inconveniently located at the Creve Coeur Jewish Community Center, the Staenberg Family Complex A & E Building (Schuetz Road and Millstone Campus Drive), but you can do this the day before or the morning of your swimming events.

The deadline for entries to be received is May 21st. You can download the entry brochure from <http://www.stlouisseniorolympics.org/> For swimming, you need page 6 and 9 (sign the bottom of page 9) and allow sufficient time for your entry to be delivered by mail.

This is the year you must swim in a State Senior Games in order to qualify for the 2011 National Senior Games to be held in June 16-30, 2011 in Houston, TX,

The St Louis Senior Olympics is NOT a qualifying meet for the National Senior Games. Most of the State Senior Games are not U.S. Masters Swimming recognized and are not swum in measured pools, so don't count on your times being accepted by USMS at these meets. The National Senior Games, however, is almost always USMS recognized. Here are the dates for some of the State Games where you could qualify for 2011 National Senior Games:

Missouri (Columbia, MO) June 10-13, 2010 http://www.smsg.org/senior_games/ Held in conjunction with the Show Me Games. Hickman High School pool is too short to have times recognized by USMS.

Indiana (Carmel, IN) June 19, 2010 (swimming events) <http://indianaseniorgames.com/index.php>

Illinois (Springfield, IL) September 18, 2010 (swimming events) <http://www.ilsenoly.org/>

Kentucky (Paducah, KY) October 2, 2010 (swimming events)
<http://www.kentuckyseniorgames.com/>

Utah (St George, UT) Huntsman World Senior Games, October 6-8, 2010 (swimming events)
This meet is short course meters, but will qualify you for National Senior Games and times are recognized by USMS - A wonderful event. <http://www.hwsg.com/>

OPEN WATER EVENTS

There are several Open Water swims coming up.

June 13 - Ninth Annual – Team St Louis/ St Louis Area Masters One-Mile and Two-Mile Open Water Swim at Sunnen Lake (YMCA of the Ozarks), Potosi, Missouri. Entry available at <http://www.ozarklmsc.org/competition/openwater2010.pdf>

July 3 - Mock Open Water as part of Indy Firecracker meet –
https://www.clubassistant.com/club/meet_information.cfm?c=1526&smid=2297

July 17 - 2010 USMS 10K Open Water National Championships, Morse Reservoir, Noblesville, IN, www.GRINswim.org/USMS2010K

Aug 7 - Central Illinois Open Water Swim 1.2 and 2.4 Miles at Evergreen Lake (Comlara Park), Hudson, Illinois www.CIOWS.org

Sept 11- Big Shoulders 2.5K & 5K, Ohio Street Beach, Lake Michigan, Chicago, IL,
www.BigShoulders.org

SUMMER LONG COURSE MEETS

We have two long course meets sanctioned in the Ozark LMSC:

The Ed and Ruth Shea Challenge Classic Annual LC Swim Meet, Sunday, July 11, 2010 –
Hosted by the Saluki Masters Swim Club, Carbondale, IL, Entry at
<http://www.ozarklmsc.org/competition/100711SalukiChallengex.pdf>

The Sixth Annual LCM Summer Finale, Sunday, August 15, 2010, Shaw Park, Clayton, MO –
Hosted by CSPM Entry at
http://www.ozarklmsc.org/competition/79444_CSPMLCMeet%202010.pdf

Other long course meets to consider include:

June 12 – SwimLouisville.com Invitational at the Mary T. Meagher Aquatic Club, Louisville, KY. Watch for information to be posted at the Kentucky LMSC website:

<http://www.kylmsc.org/meetinfo.html>

July 3 – Indy Firecracker Meet, IUPUI, Indianapolis, IN. Register online at

https://www.clubassistant.com/club/meet_information.cfm?c=1526&smid=2297

July 31 – Aug 1st Lakeside Invitational, Louisville, KY. Watch for information to be posted at the Kentucky LMSC website: <http://www.kylmsc.org/meetinfo.html>

July 31- August 7 – FINA Masters World Championship – Goteborg, Sweden (May 22nd registration deadline) <http://www.2010finamasters.org/>

August 9 – 12 – USMS LC Nationals, San Juan, Puerto Rico

<http://www.usms.org/comp/lcnats10/>

Lot of opportunities to keep wet and well.

Mary Pohlmann
Chair, Ozark LMSC