SALUKI MASTERS – ED AND RUTH SHEA CHALLENGE CLASSIC LC SWIM MEET

Entry Form – Sunday, July 12, 2009, 10am – 3pm (USMS/Ozark LMSC Sanction #229-003)

Name:	Birth Date: ____/____/____ Age(as of Dec 31, 2009): _____ Sex: **M / F**
Address:	Home Phone:
City: State: Zip:	USMS Registered Club Affiliation or Unattached:
2009 USMS Number: Attach copy of card.	Email Address:
Emergency Contact Name:	Emergency Contact Phone:

SEED TIME REQUIRED – Actual (LC Meters) or Estimated; Fill Out Legibly; Max. Entry – 5 events

The Saluki Challenge Swim Events: The combined time for 5 events; T-shirt Awarded for completion	
Sprint Nobrainer, Event #'s 2, 8, 13, 17, 20;Circle T-shirt size: Sm Med Lg XL; Check if entering	
Ironswimmer Glutton, Event #'s 1, 7, 12, 18, 22; T-shirt size: Sm Med Lg XL; Check if entering	

#	Event-LC meters	Seed Time	#	Event-LC meters	Seed Time
1	200 Fly		12	200 Breast	
2	50 Breast		13	50 Back	
3	200/400 Med. Relay		14	100 Fly	
4	200/400 Mixed F Relay		15	200/400 Free Relay	
5	400 Free		16	200/400 Mixed Med. Relay	
6	100 Breast		17	100 IM (Novelty Event)	
7	200 Back		18	400 IM	
8	50 Fly		19	100 Back	
9	200 IM		20	50 Free	
10	100 Free		21	800 Free	
11	200 Free		22	1500 Free	

Athletes Release/ Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rulebook article 203.1)

SIGNATURE: _____ DATE: _____

(Waiver must be signed in order to participate)

Checks payable to: Saluki Masters Swim Club

Mail **SIGNED** entry form, check and copy of USMS card to:

Mary Pohlmann, Entries Chair
405 S Deer Lake Dr East
Carbondale, IL 62901

Preregistration must be received by July 6, 2009.

Entries received after 7/6 must pay deck entry amount.

Entry questions? Mary Pohlmann: 618-549-5077

E-mail: marypohlmann1@verizon.net

Entry Fee Amounts

Preregistration Regular Entry	$15.00
Preregistration Saluki Challenge Entry (T-Shirt included)	$20.00
Late Registration Regular Deck Entry	$20.00
Late Registration Challenge Deck Entry	$30.00

No extra fees for relays