

## 2013 Ozark LMSC SCY Championship - 4/6/2013 to 4/7/2013

Sanction #: 223-S001

## Results

**Women 18-24 50 Yard Freestyle**

1	Vermann, Elizabeth	24	Csp Tideriders M-OZ	30.13
2	Goldsmith, Sierra	20	Un-Ozark-OZ	34.61

**Women 18-24 100 Yard Freestyle**

1	Walsh, Tarah	24	Un-Ozark-OZ	1:05.25
	31.12	1:05.25		
2	Goldsmith, Sierra	20	Un-Ozark-OZ	1:20.74
	37.85	1:20.74		

**Women 18-24 500 Yard Freestyle**

1	Vermann, Elizabeth	24	Csp Tideriders M-OZ	6:11.56
	34.08	1:11.30	1:49.06	2:26.50
	3:04.38	3:41.95	4:19.65	4:57.02
	5:34.91	6:11.56		
2	Walsh, Tarah	24	Un-Ozark-OZ	6:23.74
	33.39	1:09.48	1:47.25	2:25.54
	3:04.73	3:44.16	4:23.73	5:03.48
	6:23.74			

**Women 18-24 100 Yard Breaststroke**

1	Goldsmith, Sierra	20	Un-Ozark-OZ	1:35.61
	44.59	1:35.61		

**Women 18-24 100 Yard Butterfly**

1	Walsh, Tarah	24	Un-Ozark-OZ	1:15.83
	34.32	1:15.83		

**Women 18-24 100 Yard IM**

1	Vermann, Elizabeth	24	Csp Tideriders M-OZ	1:17.07
	36.69	1:17.07		
2	Goldsmith, Sierra	20	Un-Ozark-OZ	1:26.00
	38.68	1:26.00		

**Women 25-29 50 Yard Freestyle**

1	McAdams, Carly	27	St. Louis Area M-OZ	30.67
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**Women 25-29 100 Yard Freestyle**

1	McAdams, Carly	27	St. Louis Area M-OZ	1:06.86
	31.95	1:06.86		
2	Seligman, Stephanie	28	St. Louis Area M-OZ	1:07.81
	31.90	1:07.81		

**Women 25-29 100 Yard Breaststroke**

1	McAdams, Carly	27	St. Louis Area M-OZ	1:21.48
	39.31	1:21.48		

**Women 25-29 100 Yard Butterfly**

1	Seligman, Stephanie	28	St. Louis Area M-OZ	1:12.37
	34.19	1:12.37		

**Women 25-29 100 Yard IM**

1	McAdams, Carly	27	St. Louis Area M-OZ	1:15.23
	36.97	1:15.23		

**Women 25-29 400 Yard IM**

1	Seligman, Stephanie	28	St. Louis Area M-OZ	5:50.09
	35.55	1:17.51	2:04.25	2:52.32
	3:41.66	4:32.79	5:11.18	5:50.09

**Women 30-34 100 Yard Freestyle**

1	Crawford, Jessica	31	St. Louis Area M-OZ	56.74
	27.63	56.74		

**Women 30-34 200 Yard Freestyle**

1	Crawford, Jessica	31	St. Louis Area M-OZ	2:09.47
	30.16	1:03.38	1:36.87	2:09.47

**Women 30-34 100 Yard Backstroke**

1	Crawford, Jessica	31	St. Louis Area M-OZ	1:02.45
	30.85	1:02.45		

**Women 30-34 200 Yard Backstroke**

1	Crawford, Jessica	31	St. Louis Area M-OZ	2:16.36
	32.32	1:06.95	1:41.60	2:16.36

**Women 30-34 50 Yard Butterfly**

1	Crawford, Jessica	31	St. Louis Area M-OZ	28.69
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**Women 30-34 100 Yard Butterfly**

1	Crawford, Jessica	31	St. Louis Area M-OZ	1:02.23
	29.80	1:02.23		

**Women 30-34 200 Yard IM**

1	Crawford, Jessica	31	St. Louis Area M-OZ	2:20.25
	29.71	1:05.06	1:48.02	2:20.25

**Women 30-34 400 Yard IM**

1	Crawford, Jessica	31	St. Louis Area M-OZ	5:04.97
	31.53	1:08.00	1:45.83	2:23.88
	3:09.32	3:54.98	4:30.34	5:04.97

**Women 35-39 50 Yard Freestyle**

1	Hermesmeier, Josie	36	St. Louis Area M-OZ	32.45
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**Women 35-39 100 Yard Freestyle**

1	Hermesmeier, Josie	36	St. Louis Area M-OZ	1:11.72
	34.79	1:11.72		

**Women 35-39 200 Yard Freestyle**

1	Hermesmeier, Josie	36	St. Louis Area M-OZ	2:35.08
	35.26	1:14.14	1:54.64	2:35.08

**Women 35-39 50 Yard Breaststroke**

1	Hermesmeier, Josie	36	St. Louis Area M-OZ	47.70
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**Women 40-44 50 Yard Freestyle**

1	Compton, Rebecca	40	St. Louis Area M-OZ	27.09
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**Women 40-44 50 Yard Backstroke**

1	Compton, Rebecca	40	St. Louis Area M-OZ	30.58
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**Women 40-44 100 Yard Backstroke**

1	Compton, Rebecca	40	St. Louis Area M-OZ	1:12.14
	34.62	1:12.14		

**Women 40-44 50 Yard Butterfly**

1	Compton, Rebecca	40	St. Louis Area M-OZ	29.24
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**Women 40-44 100 Yard IM**

1	Compton, Rebecca	40	St. Louis Area M-OZ	1:08.62
	31.24	1:08.62		

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**Women 40-44 200 Yard IM**

1	Compton, Rebecca	40	St. Louis Area M-OZ	2:44.91
	34.68	1:15.80	2:05.93	2:44.91

**Women 45-49 50 Yard Freestyle**

1	DeCampi, Gloria	48	St. Louis Area M-OZ	31.84
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**Women 45-49 200 Yard Freestyle**

1	McNamee, Mary	46	St. Louis Area M-OZ	5:23.47
	1:12.71	2:40.33	4:13.52	5:23.47

**Women 45-49 50 Yard Backstroke**

1	Uppstrom, Noreen	48	St. Louis Area M-OZ	32.82
2	DeCampi, Gloria	48	St. Louis Area M-OZ	37.64

**Women 45-49 100 Yard Backstroke**

1	McNamee, Mary	46	St. Louis Area M-OZ	2:37.46
	1:13.80	2:37.46		

**Women 45-49 50 Yard Breaststroke**

1	Uppstrom, Noreen	48	St. Louis Area M-OZ	38.27
2	McNamee, Mary	46	St. Louis Area M-OZ	1:02.64

**Women 45-49 200 Yard Breaststroke**

1	McNamee, Mary	46	St. Louis Area M-OZ	5:46.88
	1:05.48	2:38.00	4:13.87	5:46.88

**Women 45-49 50 Yard Butterfly**

1	Uppstrom, Noreen	48	St. Louis Area M-OZ	30.84
2	McNamee, Mary	46	St. Louis Area M-OZ	1:14.03

**Women 45-49 100 Yard Butterfly**

1	Uppstrom, Noreen	48	St. Louis Area M-OZ	1:09.63
	34.80	1:09.63		

**Women 45-49 200 Yard Butterfly**

1	Uppstrom, Noreen	48	St. Louis Area M-OZ	2:42.00
	36.29	1:17.88	2:00.92	2:42.00

**Women 50-54 50 Yard Freestyle**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	27.71
2	Bell, Tonya	51	Unattached IL-IL	39.39
3	Jones, Diane	50	St. Louis Area M-OZ	40.53

**Women 50-54 100 Yard Freestyle**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	1:00.70
	29.46	1:00.70		
2	Jones, Diane	50	St. Louis Area M-OZ	1:31.77
	42.91	1:31.77		

**Women 50-54 200 Yard Freestyle**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	2:19.77
	32.65	1:07.35	1:43.15	2:19.77

**Women 50-54 500 Yard Freestyle**

1	Jones, Diane	50	St. Louis Area M-OZ	8:33.24
	44.95	1:35.64	2:27.66	3:20.18
	4:12.86	5:04.17	5:58.07	6:49.62
	7:43.37	8:33.24		

**Women 50-54 1000 Yard Freestyle**

1	Bauer, Diann	54	St. Louis Area M-OZ	18:00.48
	46.56	1:40.35	2:34.92	3:29.35
	4:23.75	5:17.22	6:10.91	7:05.38
	8:00.60	8:56.34	9:51.69	10:47.26
	11:41.77	12:37.38	13:32.30	14:27.29
	15:22.52	16:17.52	17:11.59	18:00.48

**Women 50-54 50 Yard Backstroke**

1	Bell, Tonya	51	Unattached IL-IL	40.43
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**Women 50-54 50 Yard Breaststroke**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	37.32
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**Women 50-54 100 Yard Breaststroke**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	1:20.87
	38.48	1:20.87		
2	Bauer, Diann	54	St. Louis Area M-OZ	1:54.50
	55.39	1:54.50		
---	Jones, Diane	50	St. Louis Area M-OZ	DQ
	51.56	DQ		

**Women 50-54 200 Yard Breaststroke**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	3:04.08
	41.50	1:27.44	2:15.62	3:04.08

**Women 50-54 50 Yard Butterfly**

1	Bauer, Diann	54	St. Louis Area M-OZ	46.31
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**Women 50-54 100 Yard Butterfly**

1	Bauer, Diann	54	St. Louis Area M-OZ	1:46.94
	51.85	1:46.94		

**Women 50-54 100 Yard IM**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	1:11.01
	35.00	1:11.01		
2	Bell, Tonya	51	Unattached IL-IL	1:43.01
	43.08	1:43.01		
3	Jones, Diane	50	St. Louis Area M-OZ	1:43.44
4	Bauer, Diann	54	St. Louis Area M-OZ	1:44.34
	50.85	1:44.34		

**Women 50-54 200 Yard IM**

1	Petersen, Stephanie	51	St. Louis Area M-OZ	2:42.94
	36.72	1:18.52	2:05.43	2:42.94
2	Bauer, Diann	54	St. Louis Area M-OZ	3:47.91
	50.61	1:53.89	2:57.23	3:47.91

**Women 55-59 50 Yard Freestyle**

1	Updegraff, Gail	59	St. Louis Area M-OZ	32.67
2	McCane, Liz	58	Un-Ozark-OZ	38.25

**Women 55-59 100 Yard Freestyle**

1	McCane, Liz	58	Un-Ozark-OZ	1:29.79
	40.99	1:29.79		

**Women 55-59 50 Yard Backstroke**

1	McCane, Liz	58	Un-Ozark-OZ	50.24
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**Women 55-59 100 Yard Breaststroke**

1	McCane, Liz	58	Un-Ozark-OZ	1:52.40
	52.20	1:52.40		

## 2013 Ozark LMSC SCY Championship - 4/6/2013 to 4/7/2013

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**Women 55-59 50 Yard Butterfly**

1 Updegraff, Gail 59 St. Louis Area M-OZ 35.68

**Women 55-59 100 Yard IM**

1 Updegraff, Gail 59 St. Louis Area M-OZ 1:21.52  
 38.91 1:21.52

2 McCane, Liz 58 Un-Ozark-OZ 1:42.12  
 46.86 1:42.12

**Women 55-59 200 Yard IM**

1 Updegraff, Gail 59 St. Louis Area M-OZ 3:01.76  
 37.29 1:27.10 2:19.96 3:01.76

**Women 60-64 50 Yard Freestyle**

1 McDowell, Teresa 62 St. Louis Area M-OZ 36.14

**Women 60-64 50 Yard Backstroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 39.39

2 McDowell, Teresa 62 St. Louis Area M-OZ 42.76

**Women 60-64 100 Yard Backstroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 1:28.69  
 43.33 1:28.69

2 McDowell, Teresa 62 St. Louis Area M-OZ 1:32.19  
 45.76 1:32.19

**Women 60-64 200 Yard Backstroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 3:05.97  
 44.49 1:32.05 2:19.87 3:05.97

**Women 60-64 50 Yard Breaststroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 42.49

**Women 60-64 100 Yard Breaststroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 1:33.26  
 45.18 1:33.26

**Women 60-64 200 Yard Breaststroke**

1 Kohn, Catherine 60 St. Louis Area M-OZ 3:16.93  
 46.41 1:36.23 2:27.28 3:16.93

**Women 60-64 100 Yard IM**

1 Kohn, Catherine 60 St. Louis Area M-OZ 1:23.33  
 40.08 1:23.33

**Women 65-69 200 Yard Freestyle**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 3:04.40  
 42.15 1:29.67 2:17.79 3:04.40

**Women 65-69 500 Yard Freestyle**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 7:48.98  
 42.74 1:29.93 2:17.51

3:52.79 4:40.21 5:28.19 6:15.95

7:03.63 7:48.98

**Women 65-69 1000 Yard Freestyle**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 16:15.23  
 44.24 1:32.38 2:20.98 3:10.23

3:58.94 4:47.79 5:37.05 6:25.95

7:15.28 8:04.29 8:53.39 9:43.56

10:33.98 11:23.16 12:12.62 13:01.54

13:50.95 14:39.90 15:29.30 16:15.23

**Women 65-69 50 Yard Backstroke**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 42.92

**Women 65-69 100 Yard Backstroke**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 1:33.31  
 44.68 1:33.31

**Women 65-69 200 Yard Backstroke**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 3:15.50  
 46.51 1:36.16 2:26.07 3:15.50

**Women 65-69 200 Yard IM**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 3:28.68  
 50.74 1:41.42 2:43.86 3:28.68

**Women 65-69 400 Yard IM**

1 Pohlmann, Mary 68 St. Louis Area M-OZ 7:19.00  
 50.56 1:48.47 2:41.61 3:33.84

4:38.46 5:42.45 6:31.47 7:19.00

**Women 70-74 50 Yard Freestyle**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 59.32

2 Simon, Jara 72 St. Louis Area M-OZ 1:26.77

**Women 70-74 100 Yard Freestyle**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 2:20.96

**Women 70-74 200 Yard Freestyle**

1 Simon, Jara 72 St. Louis Area M-OZ 6:38.87  
 1:24.36 3:05.96 4:52.13 6:38.87

2 True, Judy 71 St. Louis Area M-OZ 8:31.19  
 1:39.95 3:59.29 6:16.86 8:31.19

**Women 70-74 50 Yard Backstroke**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 1:23.46

**Women 70-74 100 Yard Backstroke**

1 True, Judy 71 St. Louis Area M-OZ 3:56.21

**Women 70-74 50 Yard Breaststroke**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 1:10.57

**Women 70-74 50 Yard Butterfly**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 1:27.73

**Women 70-74 100 Yard IM**

1 Stanfield, joAnne 71 St. Louis Area M-OZ 2:37.06  
 1:20.99 2:37.06

**Men 18-24 50 Yard Freestyle**

1 Barthold, Ross 24 Un-Ozark-OZ 23.88

2 Villaverde, Tim 23 Unattached IL-IL 26.87

3 Lacey, Calen 20 Un-Ozark-OZ 26.99

4 Benziger, Xander 21 Unattached IL-IL 28.29

5 Phelps, Dylan 21 Unattached IL-IL 30.62

**Men 18-24 100 Yard Freestyle**

1 Sykes, Christopher 24 Unattached IL-IL 54.88  
 25.80 54.88

2 Lacey, Calen 20 Un-Ozark-OZ 1:01.99  
 28.63 1:01.99

3 Villaverde, Tim 23 Unattached IL-IL 1:04.08  
 30.97 1:04.08

## 2013 Ozark LMSC SCY Championship - 4/6/2013 to 4/7/2013

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## Results

**Men 18-24 500 Yard Freestyle**

1	Barthold, Ross	24	Un-Ozark-OZ	5:33.37
			1:36.01 2:11.66	
			2:46.64 3:21.57	
			3:56.68 4:30.86	
			5:03.67 5:33.37	
2	Romine, Ted	19	Un-Ozark-OZ	5:43.39
			28.84 1:01.99	
			1:37.09 2:12.62	
			2:48.08 3:23.88	
			3:59.99 4:34.70	
			5:09.61 5:43.39	

**Men 18-24 50 Yard Backstroke**

1	Barthold, Ross	24	Un-Ozark-OZ	26.57
2	Phelps, Dylan	21	Unattached IL-IL	38.43

**Men 18-24 200 Yard Backstroke**

1	Sykes, Christopher	24	Unattached IL-IL	2:29.83
			32.83 1:09.53	
			1:48.86 2:29.83	

**Men 18-24 100 Yard Breaststroke**

1	Benziger, Xander	21	Unattached IL-IL	1:08.88
			31.31 1:08.88	
2	Romine, Ted	19	Un-Ozark-OZ	1:12.42
			33.24 1:12.42	
3	Phelps, Dylan	21	Unattached IL-IL	1:33.01
			40.86 1:33.01	

**Men 18-24 100 Yard IM**

1	Sykes, Christopher	24	Unattached IL-IL	1:02.41
			28.60 1:02.41	
2	Romine, Ted	19	Un-Ozark-OZ	1:02.57
			28.10 1:02.57	
3	Benziger, Xander	21	Unattached IL-IL	1:08.45
			33.55 1:08.45	
4	Villaverde, Tim	23	Unattached IL-IL	1:13.36
			34.17 1:13.36	
5	Phelps, Dylan	21	Unattached IL-IL	1:21.79
			34.73 1:21.79	
---	Lacey, Calen	20	Un-Ozark-OZ	DQ

**Men 25-29 50 Yard Freestyle**

1	Helfrich, Scott	28	Metro Sports Mas-OZ	25.12
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**Men 25-29 100 Yard Freestyle**

1	Helfrich, Scott	28	Metro Sports Mas-OZ	54.72
			26.68 54.72	

**Men 25-29 500 Yard Freestyle**

1	Morgan, Andrew	27	Csp Tideriders M-OZ	5:18.63
			27.69 58.19	
			1:29.70 2:01.92	
			2:34.78 3:07.58	
			3:41.26 4:14.64	
			4:47.87 5:18.63	

**Men 25-29 1650 Yard Freestyle**

1	Morgan, Andrew	27	Csp Tideriders M-OZ	18:56.23
			29.13 1:00.58	
			1:32.57 2:05.88	
			2:40.14 3:14.17	
			3:48.97 4:23.83	
			4:58.71 5:33.96	
			6:09.31 6:44.46	
			7:19.47 7:54.96	
			8:29.88 9:05.61	
			9:40.98 10:16.31	
			10:51.30 11:26.48	
			12:01.68 12:37.10	
			13:11.81 13:46.73	
			14:21.75 14:56.58	
			15:31.89 16:06.11	
			16:40.69 17:15.60	
			17:50.28 18:23.91	18:56.23

**Men 25-29 50 Yard Backstroke**

1	Pavikjevikj, Nenad	26	Csp Tideriders M-OZ	28.56
2	Helfrich, Scott	28	Metro Sports Mas-OZ	30.27

**Men 25-29 200 Yard Backstroke**

1	Lau, Jonathan	27	Csp Tideriders M-OZ	2:03.74
			29.33 1:00.55	
			1:32.06 2:03.74	

**Men 25-29 50 Yard Breaststroke**

1	Lau, Jonathan	27	Csp Tideriders M-OZ	29.50
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**Men 25-29 100 Yard Breaststroke**

1	Lau, Jonathan	27	Csp Tideriders M-OZ	1:03.96
			30.09 1:03.96	
2	Helfrich, Scott	28	Metro Sports Mas-OZ	1:27.27
			41.92 1:27.27	

**Men 25-29 100 Yard IM**

1	Pavikjevikj, Nenad	26	Csp Tideriders M-OZ	1:04.00
			28.49 1:04.00	
2	Helfrich, Scott	28	Metro Sports Mas-OZ	1:05.35
			28.73 1:05.35	

**Men 25-29 400 Yard IM**

1	Morgan, Andrew	27	Csp Tideriders M-OZ	4:50.03
			29.25 1:03.72	
			1:42.06 2:18.92	
			3:01.01 3:43.25	
			4:17.99 4:50.03	

**Men 30-34 50 Yard Freestyle**

1	Scyoc, Joe	30	Metro Sports Mas-OZ	27.20
2	Helfrich, Steven	33	Metro Sports Mas-OZ	27.34
3	Bristow, Doug	31	Team Godzilla-OZ	28.62
4	Nielsen, Eric	33	Team Godzilla-OZ	29.07
5	Shaffer, Mark	34	St. Louis Area M-OZ	30.72

**Men 30-34 100 Yard Freestyle**

1	Scyoc, Joe	30	Metro Sports Mas-OZ	1:00.68
			29.04 1:00.68	
2	Helfrich, Steven	33	Metro Sports Mas-OZ	1:03.36
			30.61 1:03.36	
3	Bristow, Doug	31	Team Godzilla-OZ	1:07.78
			32.11 1:07.78	
4	Shaffer, Mark	34	St. Louis Area M-OZ	1:08.33
			32.70 1:08.33	
5	Nielsen, Eric	33	Team Godzilla-OZ	1:09.74
			34.11 1:09.74	

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**Men 30-34 500 Yard Freestyle**

1	Owen, Jason	32	Csp Tideriders M-OZ	4:57.14
	27.46	57.23	1:27.61	1:58.19
	2:28.51	2:58.92	3:28.82	3:58.77
	4:28.66	4:57.14		
2	Kercheval, Josh	32	IM-IL	4:57.26
	26.97	56.88	1:27.15	1:57.71
	2:27.84	2:57.97	3:28.43	3:59.09
	4:29.34	4:57.26		
3	Bristow, Doug	31	Team Godzilla-OZ	6:42.37
	34.28	1:12.58	1:51.53	2:32.13
	3:14.14	3:56.37	4:38.78	5:21.12
	6:02.33	6:42.37		
4	Shaffer, Mark	34	St. Louis Area M-OZ	7:11.91
	37.25	1:18.50	2:01.39	2:45.24
	3:29.81	4:15.02	5:00.92	5:45.92
	7:11.91			

**Men 30-34 1000 Yard Freestyle**

1	Kercheval, Josh	32	IM-IL	10:21.56
	27.64	58.00	1:29.57	2:01.11
	2:32.43	3:03.83	3:35.35	4:06.88
	4:38.52	5:10.35	5:41.99	6:13.36
	6:45.00	7:16.66	7:48.46	8:20.05
	8:51.42	9:22.79	9:53.17	10:21.56

**Men 30-34 1650 Yard Freestyle**

1	Owen, Jason	32	Csp Tideriders M-OZ	17:42.53
	28.87	59.85	1:31.92	2:04.20
	2:36.39	3:08.39	3:40.70	4:12.92
	4:45.13	5:17.39	5:49.57	6:21.90
	6:53.93	7:25.90	7:58.44	8:30.91
	9:03.75	9:36.61	10:09.27	10:41.94
	11:14.82	11:48.07	12:21.04	12:53.78
	13:26.35	13:58.98	14:31.26	15:03.39
	15:35.52	16:07.53	16:39.80	17:11.71
				17:42.53

**Men 30-34 50 Yard Backstroke**

1	Scyoc, Joe	30	Metro Sports Mas-OZ	31.22
2	Helfrich, Steven	33	Metro Sports Mas-OZ	33.53
3	Bristow, Doug	31	Team Godzilla-OZ	38.76
4	Nielsen, Eric	33	Team Godzilla-OZ	40.31

**Men 30-34 100 Yard Backstroke**

1	Kercheval, Josh	32	IM-IL	56.83
	27.95	56.83		

**Men 30-34 200 Yard Backstroke**

1	Kercheval, Josh	32	IM-IL	2:02.22
	29.17	1:00.41	1:32.15	2:02.22

**Men 30-34 100 Yard Breaststroke**

1	Scyoc, Joe	30	Metro Sports Mas-OZ	1:21.28
	38.50	1:21.28		
2	Helfrich, Steven	33	Metro Sports Mas-OZ	1:27.16
	41.67	1:27.16		

**Men 30-34 100 Yard Butterfly**

1	Helfrich, Steven	33	Metro Sports Mas-OZ	1:05.58
	30.35	1:05.58		

**Men 30-34 100 Yard IM**

1	Scyoc, Joe	30	Metro Sports Mas-OZ	1:07.92
	30.03	1:07.92		
2	Bristow, Doug	31	Team Godzilla-OZ	1:15.80
	37.71	1:15.80		
3	Nielsen, Eric	33	Team Godzilla-OZ	1:21.64
	38.61	1:21.64		

**Men 30-34 200 Yard IM**

1	Owen, Jason	32	Csp Tideriders M-OZ	2:05.30
	27.46	1:00.31	1:37.57	2:05.30

**Men 30-34 400 Yard IM**

1	Owen, Jason	32	Csp Tideriders M-OZ	4:31.83
	29.09	1:01.43	1:37.80	2:12.93
	2:52.06	3:30.39	4:02.04	4:31.83

**Men 35-39 50 Yard Freestyle**

1	Iozia, Darren	37	Unattached IL-IL	25.79
2	Haas, Jamie	39	St. Louis Area M-OZ	32.99

**Men 35-39 100 Yard Freestyle**

1	Iozia, Darren	37	Unattached IL-IL	58.01
	28.87	58.01		
2	Haas, Jamie	39	St. Louis Area M-OZ	1:16.02
	36.53	1:16.02		

**Men 35-39 500 Yard Freestyle**

1	Haas, Jamie	39	St. Louis Area M-OZ	7:53.25
	41.03	1:24.07	2:13.12	3:03.92
	3:53.77	4:43.81	5:34.08	6:23.18
	7:09.87	7:53.25		

**Men 35-39 100 Yard Butterfly**

1	Haas, Jamie	39	St. Louis Area M-OZ	1:44.63
	46.40	1:44.63		

**Men 35-39 100 Yard IM**

1	Iozia, Darren	37	Unattached IL-IL	1:10.42
	33.02	1:10.42		
2	Haas, Jamie	39	St. Louis Area M-OZ	1:39.61
	51.10	1:39.61		

**Men 40-44 50 Yard Freestyle**

1	Quadri, Tariq	42	Metro Sports Mas-OZ	32.61
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**Men 40-44 100 Yard Freestyle**

1	Traube, John	43	Un-Ozark-OZ	55.33
	26.60	55.33		
2	Quadri, Tariq	42	Metro Sports Mas-OZ	1:19.79
	39.39	1:19.79		

**Men 40-44 200 Yard Freestyle**

1	Stover, Karl	40	Un-Ozark-OZ	2:09.81
	30.17	1:03.20	1:36.99	2:09.81

**Men 40-44 500 Yard Freestyle**

1	Quadri, Tariq	42	Metro Sports Mas-OZ	8:41.51
	45.91	1:36.02	2:29.16	3:22.66
	4:16.56	5:11.82	6:05.14	6:59.48
	7:53.86	8:41.51		

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**Men 40-44 1000 Yard Freestyle**

1	Stover, Karl	40	Un-Ozark-OZ	12:01.38
	30.78	1:04.38	1:39.59	2:15.87
	2:51.87	3:28.16	4:04.44	4:40.99
	5:17.55	5:54.07	6:30.81	7:08.07
	7:44.65	8:21.01	8:57.76	9:34.43
	10:10.79	10:47.87	11:25.20	12:01.38

**Men 40-44 200 Yard IM**

1	Stover, Karl	40	Un-Ozark-OZ	2:21.10
	28.70	1:05.82	1:46.65	2:21.10

**Men 45-49 50 Yard Freestyle**

1	Darbon, Russell	48	Team Godzilla-OZ	38.29
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**Men 45-49 100 Yard Freestyle**

1	Wilson, Alexander	48	Un-Ozark-OZ	1:15.12
	35.59	1:15.12		
2	Darbon, Russell	48	Team Godzilla-OZ	1:29.49
	42.87	1:29.49		

**Men 45-49 200 Yard Freestyle**

1	Wilson, Alexander	48	Un-Ozark-OZ	2:52.41
	39.88	1:22.62	2:52.41	

**Men 45-49 500 Yard Freestyle**

1	Wilson, Alexander	48	Un-Ozark-OZ	7:34.18
			2:05.07	
			5:15.78	7:34.18
2	Thorp, Andrew	48	St. Louis Area M-OZ	7:53.62
	44.42	1:32.12	2:17.89	3:05.34
	3:54.07	4:44.77	5:33.75	6:22.37
	7:10.69	7:53.62		

**Men 45-49 1000 Yard Freestyle**

1	Hopson, Bruce	47	St. Louis Area M-OZ	11:57.78
	32.88	1:08.45	1:45.08	2:21.27
	2:57.37	3:33.29	4:09.29	4:45.15
	5:20.75	5:56.66	6:32.38	7:08.14
	7:44.04	8:20.33	8:56.56	9:32.80
	10:08.83	10:45.40	11:22.32	11:57.78
2	Wilson, Alexander	48	Un-Ozark-OZ	15:39.75
	42.81	1:27.08		3:00.10
	3:47.52	4:35.01	5:22.35	6:09.93
		7:44.84	8:31.76	
			11:41.96	12:30.52
		14:05.75	14:53.93	15:39.75
3	Thorp, Andrew	48	St. Louis Area M-OZ	16:11.35
	44.36	1:31.19	2:19.68	3:08.36
	3:57.46	4:46.59	5:35.56	6:24.80
	7:14.58	8:04.40	8:53.51	9:42.86
	10:33.43	11:23.24	12:12.14	13:01.12
	13:49.89	14:39.41	15:28.46	16:11.35

**Men 45-49 50 Yard Backstroke**

1	Malottke, Sean	47	St. Louis Area M-OZ	30.01
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**Men 45-49 100 Yard Backstroke**

1	Malottke, Sean	47	St. Louis Area M-OZ	1:01.27
	30.51	1:01.27		

**Men 45-49 200 Yard Backstroke**

1	Hopson, Bruce	47	St. Louis Area M-OZ	2:22.76
	33.77	1:09.07	1:45.90	2:22.76
2	Wilson, Alexander	48	Un-Ozark-OZ	3:04.27
	44.84	1:30.94	2:18.17	3:04.27

**Men 45-49 100 Yard Breaststroke**

1	Woelbeling, Bill K	49	St. Louis Area M-OZ	1:23.65
	39.86	1:23.65		

**Men 45-49 200 Yard Breaststroke**

1	Hopson, Bruce	47	St. Louis Area M-OZ	2:49.52
	38.64	1:21.61	2:05.80	2:49.52
2	Wilson, Alexander	48	Un-Ozark-OZ	3:23.32
	45.86	1:38.24	2:31.72	3:23.32

**Men 45-49 100 Yard Butterfly**

1	Hopson, Bruce	47	St. Louis Area M-OZ	1:03.16
	30.01	1:03.16		
2	Woelbeling, Bill K	49	St. Louis Area M-OZ	1:34.10
	40.55	1:34.10		

**Men 45-49 200 Yard Butterfly**

1	Hopson, Bruce	47	St. Louis Area M-OZ	2:21.58
	33.37	1:08.45	1:45.13	2:21.58
2	Wilson, Alexander	48	Un-Ozark-OZ	3:34.84
	44.82	1:39.22	2:36.53	3:34.84

**Men 45-49 100 Yard IM**

1	Malottke, Sean	47	St. Louis Area M-OZ	1:03.99
	30.17	1:03.99		

**Men 45-49 200 Yard IM**

1	Wilson, Alexander	48	Un-Ozark-OZ	3:12.93
	42.84	1:31.84	2:29.49	3:12.93

**Men 45-49 400 Yard IM**

1	Hopson, Bruce	47	St. Louis Area M-OZ	5:13.55
	32.40	1:08.82	1:47.96	2:27.67
	3:14.13	4:01.42	4:38.20	5:13.55

**Men 50-54 50 Yard Freestyle**

1	Crocker, Stephen W	50	Csp Tideriders M-OZ	23.50
2	Gibson, Dave	52	IM-IL	24.24
3	Samter, Christian	51	St. Louis Area M-OZ	25.15
4	Leonard, Randy	54	St. Louis Area M-OZ	26.09
5	Dennis, Justin	50	St. Louis Area M-OZ	27.73
6	Michalski, Craig	52	St. Louis Area M-OZ	29.04
7	Stevens, David	50	St. Louis Area M-OZ	29.46
8	Sheets, Chris	53	St. Louis Area M-OZ	30.52
9	Donahue, James	51	Team Godzilla-OZ	37.12

**Men 50-54 100 Yard Freestyle**

1	Crocker, Stephen W	50	Csp Tideriders M-OZ	51.74
	24.36	51.74		
2	Leonard, Randy	54	St. Louis Area M-OZ	58.81
	28.68	58.81		
3	Dennis, Justin	50	St. Louis Area M-OZ	58.84
	28.52	58.84		
4	Moorkamp, Tom	50	St. Louis Area M-OZ	1:03.41

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**(Men 50-54 100 Yard Freestyle)**

5	Sheets, Chris	53	St. Louis Area M-OZ	1:07.97
	32.15			1:07.97
6	Donahue, James	51	Team Godzilla-OZ	1:29.29
	41.13			1:29.29

**Men 50-54 200 Yard Freestyle**

1	Sheets, Chris	53	St. Louis Area M-OZ	2:31.80
	33.67		1:51.74	2:31.80

**Men 50-54 500 Yard Freestyle**

1	Moorkamp, Tom	50	St. Louis Area M-OZ	6:46.35	
			4:38.33	5:21.83	6:06.85
	6:46.35				
2	Sheets, Chris	53	St. Louis Area M-OZ	6:49.79	
	35.83		1:54.45	2:35.57	
	3:17.71		4:43.36	5:27.17	
	6:10.09			6:49.79	
3	Donahue, James	51	Team Godzilla-OZ	9:10.99	
	43.23		2:31.28	3:29.12	
	4:25.69		6:21.85	7:18.00	
	8:15.73			9:10.99	

**Men 50-54 1650 Yard Freestyle**

1	Dennis, Justin	50	St. Louis Area M-OZ	20:50.04	
	31.99		1:44.99	2:22.76	
	3:00.37		4:17.05	4:55.38	
	5:34.27		6:50.93	7:29.36	
	8:07.85		9:24.79	10:03.03	
	10:41.31		11:57.37	12:35.57	
	13:13.92		14:30.96	15:09.17	
	15:47.73		17:04.59	17:43.14	
	18:21.38		19:37.66	20:14.45	20:50.04
2	Sheets, Chris	53	St. Louis Area M-OZ	24:32.05	
	37.71		2:00.22	2:44.18	
	3:29.38		4:58.90	5:44.19	
	6:29.38		8:00.03	8:45.48	
	9:31.03		11:01.94	11:47.64	
	12:32.39		14:03.64	14:49.34	
	15:35.31		17:06.23	17:52.40	
	18:37.65		20:07.54	20:52.54	
	21:37.40		23:06.16	23:50.35	24:32.05

**Men 50-54 50 Yard Backstroke**

1	Gibson, Dave	52	IM-IL	28.36
2	Colburn, Charles	53	Unattached IL-IL	34.31
3	Leonard, Randy	54	St. Louis Area M-OZ	34.35
4	Michalski, Craig	52	St. Louis Area M-OZ	37.12
5	Donahue, James	51	Team Godzilla-OZ	50.19

**Men 50-54 100 Yard Backstroke**

1	Gibson, Dave	52	IM-IL	1:04.01
	30.85			1:04.01
2	Sheets, Chris	53	St. Louis Area M-OZ	1:24.21
	41.61			1:24.21

**Men 50-54 200 Yard Backstroke**

1	Dennis, Justin	50	St. Louis Area M-OZ	2:31.81	
	34.22		1:10.99	1:50.51	2:31.81

**Men 50-54 50 Yard Breaststroke**

1	Samter, Christian	51	St. Louis Area M-OZ	31.79
2	Stevens, David	50	St. Louis Area M-OZ	36.83

**Men 50-54 100 Yard Breaststroke**

1	Samter, Christian	51	St. Louis Area M-OZ	1:11.01
	32.68		1:11.01	
2	Morris, Paul	50	St. Louis Area M-OZ	1:11.60
	33.86		1:11.60	
3	Stevens, David	50	St. Louis Area M-OZ	1:19.26
	36.81		1:19.26	
4	Moorkamp, Tom	50	St. Louis Area M-OZ	1:28.96
	42.87		1:28.96	

**Men 50-54 50 Yard Butterfly**

1	Gibson, Dave	52	IM-IL	26.38
2	Morris, Paul	50	St. Louis Area M-OZ	28.02
3	Samter, Christian	51	St. Louis Area M-OZ	29.04
4	Michalski, Craig	52	St. Louis Area M-OZ	31.52

**Men 50-54 100 Yard IM**

1	Gibson, Dave	52	IM-IL	1:01.41
	27.86		1:01.41	
2	Morris, Paul	50	St. Louis Area M-OZ	1:05.47
	30.43		1:05.47	
3	Leonard, Randy	54	St. Louis Area M-OZ	1:05.87
	31.35		1:05.87	
4	Samter, Christian	51	St. Louis Area M-OZ	1:06.78
	31.70		1:06.78	
5	Stevens, David	50	St. Louis Area M-OZ	1:12.83
	34.58		1:12.83	
6	Michalski, Craig	52	St. Louis Area M-OZ	1:16.15
	34.01		1:16.15	
7	Colburn, Charles	53	Unattached IL-IL	1:16.23
	34.66		1:16.23	
8	Sheets, Chris	53	St. Louis Area M-OZ	1:21.61
	39.56		1:21.61	
9	Moorkamp, Tom	50	St. Louis Area M-OZ	1:22.65
	38.92		1:22.65	
10	Donahue, James	51	Team Godzilla-OZ	1:44.31
	49.83		1:44.31	

**Men 50-54 200 Yard IM**

1	Morris, Paul	50	St. Louis Area M-OZ	2:24.54	
	28.90		1:06.87	1:49.00	2:24.54
2	Samter, Christian	51	St. Louis Area M-OZ	2:31.66	
	31.60		1:12.63	1:56.17	2:31.66
3	Michalski, Craig	52	St. Louis Area M-OZ	2:58.52	
	34.04		1:20.19	2:17.61	2:58.52

**Men 55-59 50 Yard Freestyle**

1	Wade, Brad	55	St. Louis Area M-OZ	24.94
2	Hancock, Steven	56	St. Louis Area M-OZ	26.79
3	Roeing, Randy	59	IM-IL	29.79
4	Montgomery, Timothy	56	Un-Ozark-OZ	37.12

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**Men 55-59 100 Yard Freestyle**

1	McCabe, Thomas	55	IM-IL	53.51
	25.39	53.51		
2	Hancock, Steven	56	St. Louis Area M-OZ	59.70
	28.67	59.70		
3	Jack, Michael	56	Movy Masters-MV	1:01.70
	29.86	1:01.70		
4	Roeing, Randy	59	IM-IL	1:06.30
	31.62	1:06.30		
5	Montgomery, Timothy	56	Un-Ozark-OZ	1:26.42
	41.18	1:26.42		

**Men 55-59 200 Yard Freestyle**

1	Jack, Michael	56	Movy Masters-MV	2:16.52
	31.01	1:05.32	1:41.12	2:16.52

**Men 55-59 500 Yard Freestyle**

1	McCabe, Thomas	55	IM-IL	5:36.75
	2:47.49	3:22.28	1:37.87	2:12.37
	5:36.75		3:56.47	4:30.44
2	Jack, Michael	56	Movy Masters-MV	6:11.53
	32.84	1:08.93	1:46.21	2:24.06
	3:01.98	3:40.05	4:17.98	4:55.99
	5:34.14	6:11.53		
3	Hancock, Steven	56	St. Louis Area M-OZ	6:15.34
	33.31	1:09.69	1:47.42	2:25.68
	3:04.37	3:42.38	4:20.78	4:59.14
	5:38.77	6:15.34		

**Men 55-59 1000 Yard Freestyle**

1	McCabe, Thomas	55	IM-IL	11:40.66
	31.40	1:06.28	1:42.56	2:18.83
	2:54.83	3:30.78	4:06.50	4:40.84
	5:16.11	5:51.08	6:26.64	7:01.42
	7:37.39	8:12.84	8:48.26	9:23.17
	9:58.02	10:33.03	11:07.54	11:40.66

**Men 55-59 50 Yard Backstroke**

1	Montgomery, Timothy	56	Un-Ozark-OZ	55.13
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**Men 55-59 50 Yard Breaststroke**

1	Montgomery, Timothy	56	Un-Ozark-OZ	51.05
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**Men 55-59 100 Yard Breaststroke**

1	Montgomery, Timothy	56	Un-Ozark-OZ	1:56.38
	57.26	1:56.38		

**Men 55-59 50 Yard Butterfly**

1	McCabe, Thomas	55	IM-IL	25.95
2	Montgomery, Timothy	56	Un-Ozark-OZ	57.17

**Men 55-59 100 Yard Butterfly**

1	McCabe, Thomas	55	IM-IL	1:01.04
	28.60	1:01.04		

**Men 55-59 200 Yard Butterfly**

---	McCabe, Thomas	55	IM-IL	DQ
	27.10	59.14	DQ	

**Men 55-59 100 Yard IM**

1	Montgomery, Timothy	56	Un-Ozark-OZ	1:49.73
	57.15	1:49.73		

**Men 55-59 200 Yard IM**

---	Montgomery, Timothy	56	Un-Ozark-OZ	DQ
	55.90	2:03.45	3:17.11	DQ

**Men 60-64 50 Yard Freestyle**

1	Wrape, George	60	St. Louis Area M-OZ	28.22
2	Davidson, Wallace	60	St. Louis Area M-OZ	35.51
3	Tlapek, Paul	60	St. Louis Area M-OZ	35.96

**Men 60-64 100 Yard Freestyle**

1	Davidson, Wallace	60	St. Louis Area M-OZ	1:17.70
	37.43	1:17.70		

**Men 60-64 500 Yard Freestyle**

1	Davidson, Wallace	60	St. Louis Area M-OZ	7:35.16
	40.35	1:23.68	2:08.64	2:54.27
	3:40.49	4:27.42	5:15.28	6:02.09
	6:49.91	7:35.16		
---	Tlapek, Paul	60	St. Louis Area M-OZ	DQ

**Men 60-64 1000 Yard Freestyle**

1	Davidson, Wallace	60	St. Louis Area M-OZ	15:52.20
	43.14	1:28.44	2:14.64	3:02.76
	3:50.40	4:37.35	5:24.82	6:12.25
	7:00.29	7:48.76		
	10:16.47	11:05.39	11:55.21	12:43.63
	13:31.57	14:20.64	15:08.03	15:52.20

**Men 60-64 50 Yard Backstroke**

1	Wrape, George	60	St. Louis Area M-OZ	37.61
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**Men 60-64 100 Yard Breaststroke**

1	Wisland, Dave	62	St. Louis Area M-OZ	1:22.38
	38.97	1:22.38		

**Men 60-64 200 Yard Breaststroke**

---	Wisland, Dave	62	St. Louis Area M-OZ	DQ
	40.15	1:28.09	2:21.10	DQ

**Men 60-64 100 Yard IM**

1	Wrape, George	60	St. Louis Area M-OZ	1:15.59
	34.71	1:15.59		
2	Wisland, Dave	62	St. Louis Area M-OZ	1:22.36

**Men 65-69 50 Yard Freestyle**

1	Pohlmann, John	69	St. Louis Area M-OZ	35.48
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**Men 65-69 200 Yard Freestyle**

1	Walker, Larry	69	St. Louis Area M-OZ	2:43.13
	36.09	1:16.98	1:59.94	2:43.13

**Men 65-69 50 Yard Backstroke**

1	Martin, Rusty	69	St. Louis Area M-OZ	49.85
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**Men 65-69 100 Yard Backstroke**

1	Walker, Larry	69	St. Louis Area M-OZ	1:19.13
	38.44	1:19.13		
2	Martin, Rusty	69	St. Louis Area M-OZ	1:43.98
	51.41	1:43.98		



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**Men 65-69 50 Yard Breaststroke**

1 Pohlmann, John 69 St. Louis Area M-OZ 39.32

**Men 65-69 100 Yard Breaststroke**1 Pohlmann, John 69 St. Louis Area M-OZ 1:35.06  
43.07 1:35.06**Men 65-69 200 Yard Breaststroke**1 Pohlmann, John 69 St. Louis Area M-OZ 3:31.84  
49.64 1:44.61 2:40.58 3:31.84**Men 65-69 50 Yard Butterfly**

1 Martin, Rusty 69 St. Louis Area M-OZ 44.60

**Men 65-69 100 Yard Butterfly**1 Martin, Rusty 69 St. Louis Area M-OZ 1:51.22  
48.27 1:51.22**Men 65-69 100 Yard IM**1 Martin, Rusty 69 St. Louis Area M-OZ 1:47.32  
47.46 1:47.32**Men 70-74 50 Yard Freestyle**

1 Lutker, Gary 72 Un-Ozark-OZ 34.83

**Men 70-74 500 Yard Freestyle**1 Lutker, Gary 72 Un-Ozark-OZ 8:05.38  
40.94 1:25.14 2:58.42  
3:47.05 4:38.75 5:29.77 6:22.32  
7:13.96 8:05.38**Men 70-74 50 Yard Backstroke**

1 Lutker, Gary 72 Un-Ozark-OZ 46.28

**Men 70-74 100 Yard Backstroke**1 McNamee, Michael 71 St. Louis Area M-OZ 2:25.42  
1:11.82 2:25.42**Men 70-74 50 Yard Breaststroke**

1 McNamee, Michael 71 St. Louis Area M-OZ 1:09.26

**Men 70-74 100 Yard Breaststroke**1 Lutker, Gary 72 Un-Ozark-OZ 1:57.04  
56.39 1:57.04**Men 70-74 200 Yard Breaststroke**1 McNamee, Michael 71 St. Louis Area M-OZ 5:47.02  
1:24.54 3:03.72 4:35.25 5:47.02**Men 70-74 50 Yard Butterfly**

1 McNamee, Michael 71 St. Louis Area M-OZ 1:06.71

**Men 70-74 100 Yard IM**--- Lutker, Gary 72 Un-Ozark-OZ DQ  
43.02 DQ**Men 70-74 200 Yard IM**1 McNamee, Michael 71 St. Louis Area M-OZ 5:45.04  
1:28.86 2:51.97 4:31.62 5:45.04**Men 75-79 50 Yard Freestyle**

1 Good, Larry 78 St. Louis Area M-OZ 33.57

**Men 75-79 500 Yard Freestyle**

1 Good, Larry 78 St. Louis Area M-OZ 7:43.93

**Men 75-79 50 Yard Backstroke**

1 Good, Larry 78 St. Louis Area M-OZ 41.63

**Men 75-79 100 Yard Backstroke**1 Good, Larry 78 St. Louis Area M-OZ 1:33.64  
46.28 1:33.64**Men 75-79 50 Yard Breaststroke**

1 Good, Larry 78 St. Louis Area M-OZ 43.28

**Men 75-79 50 Yard Butterfly**

1 Good, Larry 78 St. Louis Area M-OZ 45.49

**Men 75-79 100 Yard IM**1 Good, Larry 78 St. Louis Area M-OZ 1:30.27  
43.73 1:30.27**Men 75-79 200 Yard IM**1 Good, Larry 78 St. Louis Area M-OZ 3:19.60  
48.72 1:39.33 2:34.03 3:19.60**Men 75-79 400 Yard IM**1 Good, Larry 78 St. Louis Area M-OZ 6:51.54  
47.84 1:47.13 2:36.91 3:28.50  
4:22.32 5:17.93 6:05.00 6:51.54**Men 80-84 50 Yard Freestyle**

1 Cannon, William 82 St. Louis Area M-OZ 45.33

**Men 80-84 100 Yard IM**1 Cannon, William 82 St. Louis Area M-OZ 2:15.14  
1:05.15 2:15.14**Men 85-89 50 Yard Freestyle**

1 Maine, Thomas 87 St. Louis Area M-OZ 49.21

**Men 85-89 50 Yard Backstroke**

1 Maine, Thomas 87 St. Louis Area M-OZ 55.78

**Men 85-89 50 Yard Breaststroke**

1 Maine, Thomas 87 St. Louis Area M-OZ 1:03.41

**Men 85-89 50 Yard Butterfly**

1 Maine, Thomas 87 St. Louis Area M-OZ 56.49

**Men 85-89 100 Yard IM**1 Maine, Thomas 87 St. Louis Area M-OZ 2:02.10  
1:03.08 2:02.10**Women 25+ 200 Yard Freestyle Relay**1 St. Louis Area M-OZ A 1:54.43  
1) Crawford, Jessica W31 2) McAdams, Carly W27  
3) Compton, Rebecca W40 4) Seligman, Stephanie W28  
27.61 57.94 1:24.27 1:54.43**Women 25+ 200 Yard Medley Relay**1 St. Louis Area M-OZ A 2:03.41  
1) Crawford, Jessica W31 2) McAdams, Carly W27  
3) Compton, Rebecca W40 4) Updegraff, Gail W59  
28.67 1:06.34 2:03.41

## 2013 Ozark LMSC SCY Championship - 4/6/2013 to 4/7/2013

Sanction #: 223-S001

## Results

**Women 25+ 400 Yard Medley Relay**

1	St. Louis Area M-OZ	A	5:42.50
	1) McDowell, Teresa W62	2) Kohn, Catherine W60	
	3) Crawford, Jessica W31	4) Pohlmann, Mary W68	
	46.13	1:38.47	2:19.28 3:08.19
	3:39.17	4:15.44	4:32.23 5:42.50

**Women 35+ 400 Yard Freestyle Relay**

1	St. Louis Area M-OZ	A	4:31.27
	1) Petersen, Stephanie W51	2) Uppstrom, Noreen W48	
	3) Hermsmeyer, Josie W36	4) Compton, Rebecca W40	
	31.69	1:06.60	1:38.93 2:12.42
	2:46.33	3:23.92	3:54.98 4:31.27

**Women 45+ 200 Yard Medley Relay**

1	St. Louis Area M-OZ	A	2:25.30
	1) DeCampi, Gloria W48	2) Petersen, Stephanie W51	
	3) Uppstrom, Noreen W48	4) Bauer, Diann W54	
	38.14	54.99	1:14.82 2:25.30

**Women 65+ 400 Yard Freestyle Relay**

1	St. Louis Area M-OZ	A	10:11.86
	1) Simon, Jara W72	2) Stanfield, JoAnne W71	
	3) Pohlmann, Mary W68	4) True, Judy W71	
	1:26.92	3:05.19	4:09.57
	6:03.61	6:49.65	10:11.86

**Men 18+ 200 Yard Freestyle Relay**

---	Unattached IL-IL	A	X1:47.65
	1) Sykes, Christopher M24	2) Colburn, Charles M53	
	3) Benziger, Xander M21	4) Iozia, Darren M37	
	24.45	51.99	1:21.38 1:47.65

**Men 18+ 200 Yard Medley Relay**

---	Unattached IL-IL	A	X1:55.86
	1) Sykes, Christopher M24	2) Benziger, Xander M21	
	3) Colburn, Charles M53	4) Iozia, Darren M37	
	28.89	57.67	1:28.91 1:55.86

**Men 25+ 200 Yard Freestyle Relay**

1	Csp Tideriders M-OZ	A	1:36.21
	1) Morgan, Andrew M27	2) Owen, Jason M32	
	3) Pavikjevikj, Nenad M26	4) Lau, Jonathan M27	
	26.08	49.15	1:13.75 1:36.21
2	Metro Sports Mas-OZ	A	1:52.79
	1) Quadri, Tariq M42	2) Scyoc, Joe M30	
	3) Helfrich, Steven M33	4) Helfrich, Scott M28	
	32.07	59.80	1:26.96 1:52.79
3	St. Louis Area M-OZ	A	1:54.67
	1) Malottke, Sean M47	2) Haas, Jamie M39	
	3) Shaffer, Mark M34	4) Dennis, Justin M50	
	25.11	59.21	1:28.47 1:54.67
4	Team Godzilla-OZ	A	2:13.45
	1) Bristow, Doug M31	2) Darbon, Russell M48	
	3) Donahue, James M51	4) Nielsen, Eric M33	
	37.49	1:15.39	1:44.11 2:13.45

**Men 25+ 400 Yard Freestyle Relay**

1	Csp Tideriders M-OZ	A	3:27.20
	1) Owen, Jason M32	2) Pavikjevikj, Nenad M26	
	3) Lau, Jonathan M27	4) Morgan, Andrew M27	
	25.15	51.39	1:16.91 1:44.65
	2:08.20	2:34.55	3:00.03 3:27.20

**Men 25+ 800 Yard Freestyle Relay**

1	Csp Tideriders M-OZ	A	7:41.80
	1) Lau, Jonathan M27	2) Pavikjevikj, Nenad M26	
	3) Morgan, Andrew M27	4) Owen, Jason M32	
	26.44	55.19	1:23.77 1:52.03
	2:20.25	2:51.20	3:22.64 3:54.16
	4:20.87	4:51.22	5:22.19 5:51.53
	6:17.07	6:45.51	7:14.14 7:41.80

**Men 25+ 200 Yard Medley Relay**

1	Csp Tideriders M-OZ	A	1:46.80
	1) Lau, Jonathan M27	2) Morgan, Andrew M27	
	3) Owen, Jason M32	4) Pavikjevikj, Nenad M26	
	26.65	58.01	1:22.61 1:46.80
2	Metro Sports Mas-OZ	A	2:04.18
	1) Helfrich, Scott M28	2) Scyoc, Joe M30	
	3) Helfrich, Steven M33	4) Quadri, Tariq M42	
	29.10	1:04.77	1:32.84 2:04.18
3	Team Godzilla-OZ	A	2:08.63
	1) Nielsen, Eric M33	2) Donahue, James M51	
	3) Bristow, Doug M31	4) Darbon, Russell M48	
	40.47	1:33.04	2:08.63

**Men 25+ 400 Yard Medley Relay**

1	Csp Tideriders M-OZ	A	3:54.06
	1) Pavikjevikj, Nenad M26	2) Lau, Jonathan M27	
	3) Owen, Jason M32	4) Morgan, Andrew M27	
	30.23	1:01.86	1:31.35 2:05.90
	2:32.28	3:02.33	3:27.24 3:54.06

**Men 45+ 200 Yard Freestyle Relay**

1	St. Louis Area M-OZ	A	1:49.35
	1) Samter, Christian M51	2) Walker, Larry M69	
	3) Sheets, Chris M53	4) Wade, Brad M55	
	25.44	55.15	1:24.95 1:49.35
2	St. Louis Area M-OZ	B	1:59.49
	1) Morris, Paul M50	2) Stevens, David M50	
	3) Michalski, Craig M52	4) Davidson, Wallace M60	
	25.96	55.56	1:24.62 1:59.49

**Men 45+ 200 Yard Medley Relay**

1	St. Louis Area M-OZ	A	1:58.41
	1) Malottke, Sean M47	2) Stevens, David M50	
	3) Morris, Paul M50	4) Hopson, Bruce M47	
	30.13	1:04.90	1:33.53 1:58.41
2	St. Louis Area M-OZ	B	2:06.83
	1) Walker, Larry M69	2) Samter, Christian M51	
	3) Wade, Brad M55	4) Sheets, Chris M53	
	37.87	1:10.16	1:37.07 2:06.83

## 2013 Ozark LMSC SCY Championship - 4/6/2013 to 4/7/2013

Sanction #: 223-S001

## Results

**Men 45+ 400 Yard Medley Relay**

1 St. Louis Area M-OZ	A	4:29.73
1) Morris, Paul M50	2) Wisland, Dave M62	
3) Hopson, Bruce M47	4) Malottke, Sean M47	
33.59	1:09.82	1:48.34
3:01.66	3:35.46	4:01.37
		4:29.73

**Men 55+ 400 Yard Freestyle Relay**

1 St. Louis Area M-OZ	A	5:21.85
1) Davidson, Wallace M60	2) Good, Larry M78	
3) Martin, Rusty M69	4) Walker, Larry M69	
37.66	1:17.82	1:54.07
3:19.31	4:09.90	4:43.48
		5:21.85

**Men 55+ 200 Yard Medley Relay**

1 St. Louis Area M-OZ	A	2:51.56
1) Cannon, William M82	2) Pohlmann, John M69	
3) Martin, Rusty M69	4) Hancock, Steven M56	
58.65	1:14.37	1:38.69
		2:51.56

**Mixed 25+ 200 Yard Medley Relay**

1 St. Louis Area M-OZ	A	2:02.45
1) Crawford, Jessica W31	2) Morris, Paul M50	
3) Stevens, David M50	4) Compton, Rebecca W40	
29.53	1:02.93	1:34.53
		2:02.45

**Mixed 35+ 400 Yard Freestyle Relay**

1 St. Louis Area M-OZ	A	5:01.59
1) Kohn, Catherine W60	2) Haas, Jamie M39	
3) Hermsmeyer, Josie W36	4) Stevens, David M50	
38.18	1:19.56	1:54.32
3:10.20	3:55.23	4:22.66
		5:01.59

**Mixed 35+ 400 Yard Medley Relay**

1 St. Louis Area M-OZ	A	5:35.47
1) Sheets, Chris M53	2) Jones, Diane W50	
3) Compton, Rebecca W40	4) Moorkamp, Tom M50	
	1:29.10	2:19.16
	4:32.58	5:03.16
		5:35.47

**Mixed 45+ 200 Yard Medley Relay**

1 St. Louis Area M-OZ	A	4:25.30
1) True, Judy W71	2) McNamee, Mary W46	
3) McNamee, Michael M71	4) Thorp, Andrew M48	
1:45.67	2:49.23	3:50.24
		4:25.30

**Mixed 45+ 400 Yard Medley Relay**

1 St. Louis Area M-OZ	A	5:01.10
1) McDowell, Teresa W62	2) Petersen, Stephanie W51	
3) Hopson, Bruce M47	4) Hancock, Steven M56	
46.50	1:34.08	2:12.70
3:25.51	3:59.39	4:29.09
		5:01.10

**Mixed 55+ 200 Yard Freestyle Relay**

1 St. Louis Area M-OZ	A	2:41.14
1) Updegraff, Gail W59	2) Martin, Rusty M69	
3) Stanfield, joAnne W71	4) Walker, Larry M69	
33.09	1:11.89	2:10.46
		2:41.14

**Mixed 55+ 800 Yard Freestyle Relay**

1 St. Louis Area M-OZ	A	11:25.28
1) Walker, Larry M69	2) Kohn, Catherine W60	
3) McDowell, Teresa W62	4) Davidson, Wallace M60	
35.35	1:16.53	2:04.05
3:28.57	4:11.09	4:53.95
6:59.35	7:44.73	8:30.12
9:56.54	10:42.35	11:25.28

**Mixed 55+ 200 Yard Medley Relay**

1 St. Louis Area M-OZ	A	2:42.52
1) Kohn, Catherine W60	2) Pohlmann, John M69	
3) McDowell, Teresa W62	4) Martin, Rusty M69	
41.35	1:21.71	2:03.90
		2:42.52

**Mixed 65+ 400 Yard Freestyle Relay**

1 St. Louis Area M-OZ	A	7:39.20
1) Simon, Jara W72	2) Cannon, William M82	
3) Pohlmann, Mary W68	4) Walker, Larry M69	
	4:58.57	
5:39.63	6:25.14	6:59.55
		7:39.20

**Mixed 65+ 400 Yard Medley Relay**

1 St. Louis Area M-OZ	A	7:08.22
1) Walker, Larry M69	2) Pohlmann, John M69	
3) Pohlmann, Mary W68	4) Stanfield, joAnne W71	
42.00	1:24.91	3:01.69
3:54.39	7:08.22	