

2018 Ozark LMSC SC Yards Championship

Sponsored by St. Louis Area Masters Swimming, Inc. (SLAM)

Sanctioned by Ozark LMSC for USMS, Inc.

Saturday, April 7 and Sunday, April 8, 2018

Location: Marquette High School, 2351 Clarkson Rd, Chesterfield, MO 63017-7122

The pool is 25 yards with 8 lanes equipped with non-turbulent lane lines; six lanes will be used for competition; one lane will be available for warm-up/down. The primary timing system will be automatic timing (Colorado Timing System). Times may be submitted for USMS records and USMS Top 10 consideration. The length of the competition course without a bulkhead is in compliance and is on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Time:	<u>WARM-UP</u>	<u>DECK ENTRY/POSITIVE CHECK-IN DEADLINE</u>	<u>MEET START</u>
Saturday 4/7	1:00 pm	1:30 pm	2:00 pm Saturday 4/7
Sunday 4/8	8:00 am	8:30 am	9:00 am Sunday 4/8

Ozark LMSC Membership Meeting: A brief meeting of the Ozark LMSC general membership will be held during the second break on Saturday. All Ozark LMSC members are urged to be attentive and vote on the important issues to be decided at this meeting, such as 2019 Ozark LMSC membership fee. The agenda is available at www.ozarkLMSC.org.

SLAM Membership Meeting: A brief meeting of the SLAM general membership will be held during the second break on Sunday. All SLAM members are urged to be attentive at this time and vote on the important issues, such as election of officers and the 2019 SLAM membership fees. The agenda is available at www.swimSLAM.org.

Eligibility: Persons eighteen (18) years of age and older and all levels of swimming ability are welcome. Age is determined by swimmer's age on April 8, 2018. Participants must be 2018 USMS members; please apply online prior to the meet at <http://www.usms.org/reg/> (meet registrations are accepted). We are in the Ozark LMSC. One Event USMS registration (OEVT) of \$20 is also available at the meet, but OEVT membership is good only for this meet and does not qualify you to swim relays or to represent a club. Meet entry fees are in addition to the \$20 OEVT fee. OEVT member times are not recognized for records or Top Ten consideration, nor are they submitted to the USMS times database.

Conduct: 2018 USMS rules govern meet conduct. Individual event limit is 5 per day, 10 per meet (excluding relays). ALL Events are timed finals with mixed gender heats and will be seeded slowest to fastest. **Meet Referee:** Steve Grimm

Relays: Fully completed relay entry cards will be accepted at the timing console table per deadline; all relays are deck seeded. Blank relay cards will be available at check-in & by download via www.ozarkLMSC.org. *Unattached swimmers cannot swim on relays.* Relay teams may be single gender or mixed (two females and two males); individuals may swim for only one relay team in each type of relay. Relay age groups are: 18+, 25+, 35+, 45+, etc, & are determined by the youngest swimmer's age.

Fees: Swimmers participating only on relays must submit a signed entry form & pay the appropriate fee. No email entry. \$30 One Day, \$40 Two Day-**ONLINE**: Club Assistant via link at [ozarkLMSC.org](http://www.ozarkLMSC.org) by 11:59pm Thursday, April 5
\$35 One Day, \$50 Two Day-**MAIL**: Entry, Signed USMS Participant Waiver & Check to: St. Louis Area Masters Swimming Inc
\$40 One Day, \$55 Two Day-**DECK**: Entry, Signed USMS Participant Waiver & Check to: St. Louis Area Masters Swimming Inc
*Deck Entry: Have proof of 2018 USMS membership or be prepared to pay for USMS registration.

Inquiries to Meet Director: Maryanne Barkley, 931 Cherry Lane, Troy, IL 62294 barkleymaryanne@gmail.com 618-667-3134
Lori Payne paynezoo@sbcglobal.net 314-518-8844

Entry Deadline: Online: use registration link at www.ozarkLMSC.org by 11:59 pm on Thursday, April 5, 2018

Mailed Entry- Postmarked by Tuesday, April 3, 2018

Deck Entry- 1:30 pm 4/7 & 8:30 am 4/8 Entry form, liability waiver & check must be completed, signed and dated

Relay Entry for Saturday, April 7 Events: 2 & 3 is 1:30 pm and 8, 13 & 14 is 2:30 pm

Relay Entry for Sunday, April 8 Events: 17 & 18 is 9:00 am and 23, 27 & 28 is 10:00 am

Deck Entry for Event #16 (1650Y) accepted only if no new heats are required

✓ No extra rest provided between Event #15 (1000Y) & #16 (1650Y) & these events **require positive check-in**

No Deck Entry allowed for Event #1 (500Y) and #15 (1000Y) & these events **require positive check-in**

***2018 Breadbasket Zone Virtual Meet:** Results from the 2018 Ozark LMSC SCY Championship meet will be entered into a “Breadbasket Zone Virtual Meet” results-file that combines results from State or Championship meets from LMSCs in the Breadbasket Zone. (*Pending)

Driving Directions:

From Interstate 64, going east or west, take Exit 19 B south onto Clarkson Rd (MO-340).

Drive about 2.5 miles south on Clarkson Rd. Marquette High School is on the right (west). The pool is located in the north wing.

Social: Meet-up with other swimmers; Saturday, April 7 at 5:00 pm after the meet session at The Cheesecake Factory, 2028 Chesterfield Center, Chesterfield, MO 63017 (Chesterfield Center Mall)

Closest accommodations:

Drury Plaza Hotel Chesterfield - St. Louis
355 Chesterfield Center, Chesterfield, MO
(636) 532-3300 · druryhotels.com

Hampton Inn-Chesterfield
16201 Swingley Ridge Road, Chesterfield, MO
(636) 537-2500 · hampton-inn.com

SpringHill Suites St. Louis Chesterfield
1065 Chesterfield Parkway East, Chesterfield, MO
(636) 519-7500 · marriott.com

Residence Inn St. Louis Chesterfield
15431 Conway Road, Chesterfield, MO
(636) 537-1444 · marriott.com

Homewood Suites St. Louis Chesterfield
840 North Chesterfield Pkwy West, Chesterfield, MO
(636) 530-0305 · homewoodsuites.com

DoubleTree by Hilton Hotel & Conference Center St. Louis
16625 Swingley Ridge Road, Chesterfield, MO
(636) 532-5000 · doubletree.com

Hilton Garden Inn St. Louis/Chesterfield
16631 Chesterfield Grove Road, Chesterfield, MO
(636) 532-9400 · hiltongardeninn.com

2018 Ozark LMSC SC Yards Championship ENTRY FORM
Sanctioned by Ozark LMSC for USMS, Inc.

April 7, 2018 – Meet starts 2:00 pm

April 8, 2018 – Meet starts 9:00 am

Name (as listed on 2018 USMS card):	Birth Date:	Age (on April 8, 2018)	Gender:
Address:	Home Phone		
City:	State:	Zip:	Club Affiliation
2018 USMS Number (attach copy of card)	Email Address:		
Emergency Contact Name:	Emergency Contact Phone:		

SEED TIME REQUIRED – Actual or Estimated SC Yards time; Print Times Legibly
 Maximum Entry per day– 5 events, plus relays

Saturday, April 7, 2018 at 2:00 pm

EV#	Sex	Event - YARDS	Seed Time
1	M & W	500 Freestyle	
Break		15 Minute Break	(If Time Permits)
2	MIXED	200 Medley Relay	Deck - 1:30pm
3	M or W	800 Free Relay	Deck - 1:30pm
4	M & W	100 Individual Medley	
5	M & W	200 Backstroke	
6	M & W	50 Freestyle	
7	M & W	100 Butterfly	
Break	15 minute	Ozark LMSC Meeting	
8	M or W	400 Free Relay	
9	M & W	100 Freestyle	
10	M & W	50 Backstroke	
11	M & W	100 Breaststroke	
12	M & W	400 Individual Medley	
13	MIXED	200 Free Relay	Deck - 2:30pm
14	M or W	400 Medley Relay	Deck - 2:30pm

Sunday, April 8, 2018 at 9:00 am

EV#	Sex	Event - YARDS	Seed Time
15	M & W	1000 Freestyle	
16	M & W	1650 Freestyle	
Break		15 Minute Break	(If Time Permits)
17	M or W	200 Medley Relay	Deck - 9:00am
18	MIXED	800 Free Relay	Deck - 9:00am
19	M & W	50 Breaststroke	
20	M & W	100 Backstroke	
21	M & W	200 Butterfly	
22	M & W	200 Individual Medley	
Break	15 minute	SLAM Meeting	
23	MIXED	400 Free Relay	Deck - 10:00am
24	M & W	200 Breaststroke	
25	M & W	50 Butterfly	
26	M & W	200 Freestyle	
27	M or W	200 Free Relay	Deck - 10:00am
28	MIXED	400 Medley Relay	Deck - 10:00am

Meet Entry Fee:

\$30 One Day, \$40 Two Days – Online: Registration link at ozarkLMSC.org by 11:59 pm, Thursday, April 5

\$35 One Day, \$50 Two Days – Mailed: Postmarked Tuesday, April 3

\$40 One Day, \$55 Two Days – Deck: Bring proof of 2018 USMS membership or be prepared to pay for USMS registration

No Cash, Please

Online credit card charge to **"Club Assistant"**. Checks payable to **"St. Louis Area Masters Swimming, Inc."**

Mail Entry Form, Waiver and Check to **Maryanne Barkley, Meet Director, 931 Cherry Lane, Troy, IL 62294.**
 Phone 618-667-3134 or Email barkleymaryanne@gmail.com if your entry is not confirmed by April 6, 2018.

→ **USMS Participant Waiver must be completed, signed, dated and included with ALL entries.**

→ **Online Entry Includes Signing Participant Waiver**



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	