

The Fourth Annual LCM Summer Finale
Saturday, August 23rd, 2008 – Hosted by CSPM
 Sanctioned by Ozark for USMS, Inc. #228-004

CHECK-IN, WARM-UP: Registration starts at 6:00am and ends at 7:00am; all competitors MUST check-in or register before 7:00am; Warm-up starts at 6:00am; Competition starts at 7:30am and ends by 10:00am (due to public open swim).

LOCATION: Clayton Shaw Park, 111 South Brentwood Boulevard, St. Louis, MO 63105

FACILITY: 50-meter outdoor pool, 8-lanes, non-turbulent lane lines and electronic timing (diving well for warm-up/cool-down during the competition). The facility has been measured in all competition lanes as required by 2008 USMS rules for top ten and records recognition. Ample locker room space (with \$0.25 lockers) and plenty of parking on west side of Clayton Shaw Park.

ELIGIBILITY: USMS designated age groups 18+ apply. Current registration with USMS required. Applications for those not already registered with USMS will be available at the sign-up desk. A photocopy of your USMS card must be provided with your signed entry for anyone other than Ozark LMSC members. Per USMS/FINA rules in long course meets, your age as of December 31, 2008 determines your age group for the meet. Each event entered must have a seed time (actual or estimated). The Ozark “Consolidated Entry Form”, which can be found on the Ozark LMSC web site at <http://www.ozarklmsc.org/competition/OZARKEEntryForm.pdf>, is to be used for designating events entered and seed times. The entry form must be signed and dated by registration to be eligible to swim.

MEET CONDUCT: 2008 USMS rules govern the conduct of the meet. All events will be timed finals. All events will be swum slowest to fastest with sexes and age groups combined. All events will be deck seeded. Participants are limited to 5 events, plus relays. Competitors attempting records must notify the starter to assure that 3 timers are available, in addition to the electronic timing equipment. Event #13 will only be swum as time permits. There may be breaks taken between some events depending on the number of entrants and pace of the meet.

ENTRY FEES: Regular Entry Fee is \$20 if Entry Form is received by 3pm on Friday, August 15th, 2008; Entries received after August 15th but by Friday, August 22nd will be \$25 for a Late Entry Fee. Entry Forms will be accepted on Saturday, August 23rd at 7:00am but ONLY on a “first-come, first-served space available” basis. Social is \$5.00 per person.

ENTRY: Entry Forms and fees can be sent to Priscilla Zenk, Meet Entries, at 2627 Hope Avenue, St. Louis, MO 63143-2301. Each entry MUST include a check for entry fees and a copy of the USMS Membership Card.

Order of Events (Seed Time Required, Actual or Estimated)			
#1	100 Meter Freestyle	#8	50 Meter Backstroke
#2	50 Meter Breaststroke	#9*	400 Meter Relay (Free or Medley)
#3*	200 Meter Relay (Free or Medley)	#10	100 Meter Butterfly
#4	100 Meter Backstroke	#11	50 Meter Freestyle
#5	50 Meter Butterfly	#12*	200 Meter Choice (FY,BA,BR,FR or IM)
#6*	200 Meter Choice (FY,BA,BR,FR or IM)	#13*	400 Meter Freestyle or IM
#7	100 Meter Breaststroke	#14**	10am-2pm North Pavilion Social \$5.00 per person

* Indicate which stroke or relay on entry form when entering event #3, #6, #9, #12, or #13.

** Indicate number attending social on entry form by entering event #14 and include \$5.00 per person.