

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Women 25-29 50 Yard Freestyle****NATL: 23.16 N 4/24/2005 PETRA MARTIN**

Name	Age	Team	Finals Time
1 Perry, Beth	28	Unattached - Ozark-OZ	33.07

**Women 25-29 100 Yard Freestyle****NATL: 50.80 N 3/16/2003 LOUISE JOHNCKE**

1 Cravens, Lindsay J	25	Unattached - Ozark-OZ	59.47
			29.12 59.47
2 Perry, Beth	28	Unattached - Ozark-OZ	1:13.57
			35.29 1:13.57

**Women 25-29 200 Yard Freestyle****NATL: 1:48.80 N 5/20/2001 LIMIN LIU**

1 Cravens, Lindsay J	25	Unattached - Ozark-OZ	2:09.72
			30.29 1:03.43 1:36.94 2:09.72
2 Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	2:16.89
			30.98 1:05.38 1:41.54 2:16.89

**Women 25-29 500 Yard Freestyle****NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA**

1 Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	5:44.12
			31.47 1:05.36 1:39.50 2:14.21 2:48.68 3:23.58 3:58.60 4:33.92
			5:09.37 5:44.12

**Women 25-29 1000 Yard Freestyle****NATL: 10:12.34 N 3/19/1994 LISA HAZEN**

1 Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	11:51.72
			32.81 1:07.88 1:43.21 2:18.88 2:54.12 3:29.45 4:05.36 4:40.68
			5:16.27 5:51.68 6:27.07 7:02.98 7:39.03 8:14.77 8:50.78 9:27.26
			10:02.77 10:39.32 11:16.02 11:51.72

**Women 25-29 50 Yard Backstroke****NATL: 25.98 N 5/16/1999 MARY EDWARDS**

1 Perry, Beth	28	Unattached - Ozark-OZ	37.07
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**Women 25-29 100 Yard Backstroke****NATL: 56.28 N 5/16/1999 MARY EDWARDS**

1 Scott, Emily E	27	St. Louis Area Masters-OZ	1:12.68
			34.33 1:12.68

**Women 25-29 50 Yard Breaststroke****NATL: 29.46 N 5/4/2008 LAURA HOLT**

1 Cravens, Lindsay J	25	Unattached - Ozark-OZ	36.88
2 Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	37.40

**Women 25-29 100 Yard Breaststroke****NATL: 1:04.17 N 4/21/2002 ANDREA PACKARD**

1 Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	1:20.37
			38.19 1:20.37

**Women 25-29 50 Yard Butterfly****NATL: 24.46 N 4/25/2004 NADINE ROLLAND**

1 Scott, Emily E	27	St. Louis Area Masters-OZ	32.66
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**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Women 25-29 100 Yard Butterfly****NATL: 54.03 N 5/20/2001 LIMIN LIU**

1	Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	1:07.59
	31.71 1:07.59			
2	Scott, Emily E	27	St. Louis Area Masters-OZ	1:12.66
	32.74 1:12.66			

**Women 25-29 200 Yard Butterfly****NATL: 1:57.84 N 5/20/2001 LIMIN LIU**

1	Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	2:30.84
	33.06 1:11.54 1:51.24 2:30.84			

**Women 25-29 100 Yard IM****NATL: 56.76 N 5/20/2001 LIMIN LIU**

1	Cravens, Lindsay J	25	Unattached - Ozark-OZ	1:09.22
	33.06 1:09.22			
2	Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	1:09.25
	32.27 1:09.25			

**Women 25-29 200 Yard IM****NATL: 2:03.94 N 2/11/2006 ALLISON WAGNER**

1	Cravens, Lindsay J	25	Unattached - Ozark-OZ	2:29.89
	33.24 1:12.96 1:56.94 2:29.89			
2	Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	2:30.00
	33.12 1:13.70 1:56.02 2:30.00			
3	Scott, Emily E	27	St. Louis Area Masters-OZ	2:45.68
	35.34 1:16.53 2:07.11 2:45.68			

**Women 25-29 400 Yard IM****NATL: 4:21.52 N 5/22/2005 KASEY HARRIS**

1	Gunder, Jessica R	26	Csp Tideriders Master Swim Clu-	5:13.28
	32.93 1:11.31 1:53.35 2:35.01 3:18.42 4:01.97 4:38.06 5:13.28			
2	Cravens, Lindsay J	25	Unattached - Ozark-OZ	5:24.40
	34.39 1:14.41 1:57.91 2:38.90 3:25.10 4:11.13 4:48.47 5:24.40			
3	Scott, Emily E	27	St. Louis Area Masters-OZ	5:46.61
	34.30 1:16.71 2:00.31 2:44.06 3:35.64 4:27.29 5:07.83 5:46.61			

**Women 30-34 50 Yard Freestyle****NATL: 22.86 N 4/15/2000 ANGEL MARTINO**

1	Hiebert, Stephanie I	31	St. Louis Area Masters-OZ	26.93
---	Kinnaman, Brigitte	31	St. Louis Area Masters-OZ	DQ

**Women 30-34 100 Yard Freestyle****NATL: 50.73 N 5/16/1999 ANGEL MARTINO**

1	Hiebert, Stephanie I	31	St. Louis Area Masters-OZ	1:01.11
	28.78 1:01.11			
2	Kinnaman, Brigitte	31	St. Louis Area Masters-OZ	1:08.47
	33.73 1:08.47			
3	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	1:25.96
	41.91 1:25.96			

**Women 30-34 200 Yard Freestyle****NATL: 1:51.40 N 5/18/2003 KATRINA RADKE**

1	Hiebert, Stephanie I	31	St. Louis Area Masters-OZ	2:15.14
	30.14 1:04.16 1:39.67 2:15.14			

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2	Pon, Katrina S	31	Csp Tideriders Master Swim Clu-	2:53.82
	41.28 1:25.96 2:11.62 2:53.82			
3	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	3:07.41
	42.46 1:30.55 2:20.20 3:07.41			

**Women 30-34 500 Yard Freestyle****NATL: 4:59.08 N 5/12/1996 K PIPES-NEILSEN**

1	Kinnaman, Brigitte	31	St. Louis Area Masters-OZ	6:41.00
	37.00 1:15.84 1:55.57 2:36.17 3:16.76 3:57.85 4:39.50 5:20.99			
	6:02.64 6:41.00			
2	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	8:20.46
	43.61 1:32.64 2:22.09 3:14.19 4:04.63 4:57.10 5:49.32 6:41.17			
	7:32.27 8:20.46			

**Women 30-34 1000 Yard Freestyle****NATL: 10:16.36 N 3/13/1999 LISA HAZEN**

1	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	17:02.82
	44.62 1:32.89 2:23.82 3:17.13 4:07.50 4:58.99 5:51.40 6:44.27			
	7:36.75 8:27.64 9:20.53 10:12.01 11:03.12 11:55.19 12:46.89 13:38.41			
	14:29.28 15:21.25 16:12.79 17:02.82			

**Women 30-34 1650 Yard Freestyle****NATL: 17:07.52 N 5/23/1993 KAREN BURTON**

1	Moore, Kristin E	34	Csp Tideriders Master Swim Clu-	24:04.50
	39.20 1:20.72 2:04.18 2:48.36 3:32.27 4:16.55 5:01.06 5:45.72			
	6:30.24 7:14.67 7:59.01 8:43.07 9:27.32 10:11.75 10:56.22 11:40.02			
	12:24.05 13:08.14 13:52.16 14:35.81 15:19.83 16:03.75 16:47.93 17:32.15			
	18:15.94 18:59.49 19:43.01 20:26.59 21:10.66 21:54.43 22:37.64 23:21.55 24:04.50			

**Women 30-34 100 Yard Backstroke****NATL: 57.13 N 5/4/1996 K PIPES-NEILSEN**

1	Pon, Katrina S	31	Csp Tideriders Master Swim Clu-	1:34.83
	46.91 1:34.83			
2	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	1:38.89
	47.82 1:38.89			

**Women 30-34 50 Yard Breaststroke****NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND**

1	Pon, Katrina S	31	Csp Tideriders Master Swim Clu-	43.38
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**Women 30-34 100 Yard Breaststroke****NATL: 1:02.08 N 5/4/2008 KATIE MCCLELLAND**

1	Hiebert, Stephanie I	31	St. Louis Area Masters-OZ	1:27.28
	41.53 1:27.28			
2	Kinnaman, Brigitte	31	St. Louis Area Masters-OZ	1:30.25
	42.92 1:30.25			

**Women 30-34 200 Yard Breaststroke****NATL: 2:17.34 N 4/30/2000 WENKE HANSEN**

1	Pon, Katrina S	31	Csp Tideriders Master Swim Clu-	3:37.33
	45.45 1:40.38 2:39.40 3:37.33			

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Women 30-34 100 Yard IM****NATL: 57.01 N 4/15/2000 ANGEL MARTINO**

1	Rothgangel, Ella M	33	St. Louis Area Masters-OZ	1:42.33
	48.82 1:42.33			
---	Kinnaman, Brigitte	31	St. Louis Area Masters-OZ	DQ
	37.92 DQ			

**Women 35-39 50 Yard Backstroke****NATL: 26.94 N 4/14/2007 SHERI HART**

1	Asbury, Emily C	37	Unattached - Ozark-OZ	37.60
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**Women 35-39 100 Yard Butterfly****NATL: 55.78 N 5/18/2003 S VON DER LIPPE**

1	Asbury, Emily C	37	Unattached - Ozark-OZ	1:32.71
	42.25 1:32.71			

**Women 35-39 100 Yard IM****NATL: 58.31 N 4/25/2004 S VON DER LIPPE**

1	Asbury, Emily C	37	Unattached - Ozark-OZ	1:22.21
	36.47 1:22.21			

**Women 40-44 50 Yard Freestyle****NATL: 21.91 N 4/15/2007 DARA TORRES**

1	Palmer, Karen	43	St. Louis Area Masters-OZ	50.24
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**Women 40-44 100 Yard Freestyle****NATL: 48.34 N 4/15/2007 DARA TORRES**

1	Higgins, Mary Nani	42	St. Louis Area Masters-OZ	1:18.74
	36.68 1:18.74			

**Women 40-44 200 Yard Freestyle****NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN**

1	Button, Catherine M	44	Csp Tideriders Master Swim Clu-	3:30.84
	47.04 1:42.26 2:35.77 3:30.84			

**Women 40-44 500 Yard Freestyle****NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN**

1	Higgins, Mary Nani	42	St. Louis Area Masters-OZ	7:44.96
	41.63 1:24.27 2:09.21 2:55.25 3:41.27 4:28.84 5:16.90 6:06.72 6:56.54 7:44.96			

**Women 40-44 1000 Yard Freestyle****NATL: 10:20.45 N 12/21/2003 K PIPES-NEILSEN**

1	Button, Catherine M	44	Csp Tideriders Master Swim Clu-	18:07.50
	47.27 1:39.49 2:33.18 3:27.67 4:22.23 5:16.96 6:11.78 7:07.05 8:02.00 8:56.89 9:51.51 10:46.30 11:41.70 12:37.03 13:32.52 14:28.29 15:24.50 16:19.24 17:14.29 18:07.50			

**Women 40-44 50 Yard Backstroke****NATL: 27.12 N 5/4/2008 VALERIE JENKINS****Ozark Record: 32.43 \* 1993****Catherine Kohn**

1	Uppstrom, Noreen L	44	St. Louis Area Masters-OZ	32.28*
2	Palmer, Karen	43	St. Louis Area Masters-OZ	1:10.71

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NATL: 57.15 N 5/18/2003 K PIPES-NEILSEN

Ozark Record: 1:09.80 \* 5/5/2008 Noreen Uppstrom

1	Uppstrom, Noreen L	44	St. Louis Area Masters-OZ	1:08.62*
	33.74 1:08.62			
2	Button, Catherine M	44	Csp Tideriders Master Swim Clu-	1:40.25
	47.04 1:40.25			

**Women 40-44 100 Yard Breaststroke**

NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE

1	Higgins, Mary Nani	42	St. Louis Area Masters-OZ	1:33.39
	45.15 1:33.39			

**Women 40-44 50 Yard Butterfly**

NATL: 25.18 N 5/4/2008 S VON DER LIPPE

1	Uppstrom, Noreen L	44	St. Louis Area Masters-OZ	29.80
2	Button, Catherine M	44	Csp Tideriders Master Swim Clu-	55.51

**Women 40-44 100 Yard Butterfly**

NATL: 55.64 N 5/14/2006 S VON DER LIPPE

1	Uppstrom, Noreen L	44	St. Louis Area Masters-OZ	1:06.67
	31.52 1:06.67			

**Women 40-44 100 Yard IM**

NATL: 58.20 N 5/14/2006 S VON DER LIPPE

1	Higgins, Mary Nani	42	St. Louis Area Masters-OZ	1:28.12
	43.17 1:28.12			
2	Palmer, Karen	43	St. Louis Area Masters-OZ	2:25.66
	1:05.97 2:25.66			

**Women 40-44 200 Yard IM**

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

---	Button, Catherine M	44	Csp Tideriders Master Swim Clu-	DQ
	57.75 1:47.13 2:50.72		DQ	

**Women 45-49 50 Yard Freestyle**

NATL: 24.00 N 5/4/2008 SUSAN WALSH

1	Strack, Theresa	48	St. Louis Area Masters-OZ	37.46
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**Women 45-49 100 Yard Freestyle**

NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN

1	Payne, Lori A	49	St. Louis Area Masters-OZ	1:00.21
	28.89 1:00.21			
2	Strack, Theresa	48	St. Louis Area Masters-OZ	1:24.53
	39.62 1:24.53			

**Women 45-49 200 Yard Freestyle**

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

1	Payne, Lori A	49	St. Louis Area Masters-OZ	2:09.71
	30.25 1:03.35 1:36.34 2:09.71			

**Women 45-49 500 Yard Freestyle**

NATL: 5:04.71 N 10/20/2007 K PIPES-NEILSEN

1	Payne, Lori A	49	St. Louis Area Masters-OZ	5:48.28
	31.13 1:05.59 1:40.18 2:15.10 2:49.81 3:24.99 4:00.54 4:36.78			
	5:12.69 5:48.28			

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2 Strack, Theresa 48 St. Louis Area Masters-OZ 9:04.63  
 39.89 1:28.53 2:21.32 3:16.50 4:12.71 5:11.35 6:09.57 7:08.46  
 8:07.22 9:04.63

**Women 45-49 200 Yard IM**

NATL: 2:07.26 N 12/16/2007 K PIPES-NEILSEN

1 Payne, Lori A 49 St. Louis Area Masters-OZ 2:30.39  
 32.82 1:12.67 1:57.63 2:30.39

**Women 50-54 50 Yard Freestyle**

NATL: 24.92 N 5/4/2008 TRACI GRANGER

1 Firsching, Kay Lynne 53 St. Louis Area Masters-OZ 43.04

**Women 50-54 100 Yard Freestyle**

NATL: 54.38 N 5/17/2002 LAURA VAL

1 Firsching, Kay Lynne 53 St. Louis Area Masters-OZ 1:41.19  
 49.41 1:41.19

2 Aud, Susan V 54 St. Louis Area Masters-OZ 1:41.26  
 47.53 1:41.26

**Women 50-54 500 Yard Freestyle**

NATL: 5:27.07 N 3/9/2002 LAURA VAL

1 Aud, Susan V 54 St. Louis Area Masters-OZ 9:03.57  
 47.78 1:42.74 2:38.34 3:34.08 4:29.64 5:25.51 6:21.82 7:17.30  
 8:12.62 9:03.57

**Women 50-54 100 Yard Butterfly**

NATL: 1:01.26 N 5/17/2002 LAURA VAL

1 Aud, Susan V 54 St. Louis Area Masters-OZ 2:08.22  
 58.86 2:08.22

**Women 50-54 100 Yard IM**

NATL: 1:05.38 N 5/18/2003 DANIELLE OGIER

1 Aud, Susan V 54 St. Louis Area Masters-OZ 1:57.27  
 52.89 1:57.27

**Women 50-54 400 Yard IM**

NATL: 5:00.48 N 3/9/2002 LAURA VAL

1 Aud, Susan V 54 St. Louis Area Masters-OZ 8:24.75  
 59.69 2:12.02 3:16.56 4:20.79 5:27.39 6:33.86 7:30.73 8:24.75

**Women 55-59 50 Yard Freestyle**

NATL: 25.30 N 5/4/2008 LAURA VAL

1 Smith, Laurie G 56 St. Louis Area Masters-OZ 30.86  
 2 Kramer, Sue M 55 St. Louis Area Masters-OZ 37.05

**Women 55-59 100 Yard Freestyle**

NATL: 54.72 N 5/4/2008 LAURA VAL

1 Smith, Laurie G 56 St. Louis Area Masters-OZ 1:09.13  
 33.81 1:09.13

**Women 55-59 200 Yard Freestyle**

NATL: 2:00.50 N 5/20/2007 LAURA VAL

1 Smith, Laurie G 56 St. Louis Area Masters-OZ 2:48.89  
 41.13 1:25.12 2:06.92 2:48.89

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Women 55-59 500 Yard Freestyle****NATL: 5:29.40 N 3/25/2007 LAURA VAL**

1	Kohn, Catherine K	55	St. Louis Area Masters-OZ	6:21.82
	35.50 1:13.96 1:53.12 2:32.17 3:10.80 3:49.48 4:28.04 5:06.40			
	5:44.49 6:21.82			
2	Smith, Laurie G	56	St. Louis Area Masters-OZ	6:38.05
	36.75 1:17.01 1:57.28 2:37.57 3:17.62 3:56.97 4:37.85 5:18.12			
	5:58.92 6:38.05			

**Women 55-59 50 Yard Backstroke****NATL: 29.09 N 5/20/2007 LAURA VAL**

1	Kohn, Catherine K	55	St. Louis Area Masters-OZ	36.18
2	McDowell, Teresa W	58	St. Louis Area Masters-OZ	37.01

**Women 55-59 50 Yard Backstroke****Official Split from 200 Medley Relay****NATL: 29.09 N 5/20/2007 LAURA VAL**

1	McDowell, Teresa W	58	St. Louis Area Masters-OZ	35.86
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**Women 55-59 200 Yard Backstroke****NATL: 2:24.15 N 2/10/2007 LAURA VAL**

1	McDowell, Teresa W	58	St. Louis Area Masters-OZ	2:57.00
	40.63 1:25.59 2:12.02 2:57.00			

**Women 55-59 50 Yard Breaststroke****NATL: 35.06 N 5/17/2002 GINGER PIERSON**

1	Kohn, Catherine K	55	St. Louis Area Masters-OZ	37.63
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**Women 55-59 100 Yard Breaststroke****NATL: 1:16.84 N 5/18/2008 DEB WALKER**

1	Smith, Laurie G	56	St. Louis Area Masters-OZ	1:33.69
	44.66 1:33.69			
2	Kramer, Sue M	55	St. Louis Area Masters-OZ	1:41.21
	48.23 1:41.21			

**Women 55-59 100 Yard Butterfly****NATL: 1:02.43 N 5/20/2007 LAURA VAL**

1	Kohn, Catherine K	55	St. Louis Area Masters-OZ	1:22.51
	38.28 1:22.51			
2	McDowell, Teresa W	58	St. Louis Area Masters-OZ	1:25.76
	40.03 1:25.76			

**Women 55-59 100 Yard IM****NATL: 1:05.21 N 5/20/2007 LAURA VAL**

1	Kohn, Catherine K	55	St. Louis Area Masters-OZ	1:15.23
	35.14 1:15.23			
2	Smith, Laurie G	56	St. Louis Area Masters-OZ	1:20.27
	37.60 1:20.27			
3	Kramer, Sue M	55	St. Louis Area Masters-OZ	1:38.04
	48.43 1:38.04			

**Women 60-64 200 Yard Freestyle****NATL: 2:18.52 N 5/4/2008 F.WILLIAMSON**

1	Pohlmann, Mary M	64	St. Louis Area Masters-OZ	2:50.72
	39.07 1:23.00 2:07.71 2:50.72			

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1 Pohlmann, Mary M 64 St. Louis Area Masters-OZ 7:22.43  
 39.44 1:23.80 2:08.56 2:53.48 3:38.33 4:23.57 5:09.05 5:53.85  
 6:38.53 7:22.43

**Women 60-64 1000 Yard Freestyle****NATL: 12:53.81 N 4/25/2004 JACKIE MARR**

1 Pohlmann, Mary M 64 St. Louis Area Masters-OZ 15:29.56  
 41.01 1:26.16 2:12.60 2:59.06 3:45.83 4:32.38 5:18.70 6:05.92  
 6:53.40 7:40.82 8:28.07 9:15.52 10:03.20 10:50.66 11:37.33 12:24.33  
 13:11.03 13:57.84 14:44.40 15:29.56

**Women 60-64 100 Yard Backstroke****NATL: 1:14.73 N 5/4/2008 RUTH SHAPS**

1 Pohlmann, Mary M 64 St. Louis Area Masters-OZ 1:26.65  
 42.25 1:26.65

**Women 60-64 200 Yard Backstroke****NATL: 2:42.86 N 4/20/1997 BETSY JORDAN**

1 Pohlmann, Mary M 64 St. Louis Area Masters-OZ 3:07.73  
 44.26 1:32.19 2:20.08 3:07.73

**Women 60-64 400 Yard IM****NATL: 5:49.80 N 3/25/2007 CAROLYN BOAK**

1 Pohlmann, Mary M 64 St. Louis Area Masters-OZ 6:52.46  
 46.57 1:43.20 2:33.96 3:22.98 4:21.90 5:21.99 6:08.33 6:52.46

**Men 30-34 50 Yard Freestyle****NATL: 20.15 N 5/18/1997 ADAM SCHMITT**

1 Cooley, Bryan 31 St. Louis Area Masters-OZ 26.28

**Men 30-34 100 Yard Freestyle****NATL: 44.53 N 12/19/2004 MIKE PICOTTE**

1 Black, Jeff P 34 St. Louis Area Masters-OZ 1:07.21  
 30.95 1:07.21

**Men 30-34 1000 Yard Freestyle****NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF**

1 Black, Jeff P 34 St. Louis Area Masters-OZ 15:42.66  
 43.10 1:28.44 2:16.98 3:05.91 3:53.91 4:41.50 5:28.61 6:16.23  
 7:03.91 7:50.65 8:38.16 9:25.73 10:14.19 11:01.13 11:50.63 12:37.59  
 13:25.48 14:13.55 15:01.16 15:42.66

**Men 30-34 50 Yard Backstroke****NATL: 23.18 N 2/10/2002 MARTIN ZUBERO**

1 Cooley, Bryan 31 St. Louis Area Masters-OZ 32.22

**Men 30-34 100 Yard Backstroke****NATL: 50.21 N 5/24/1992 CLAY BRITT**

--- Cooley, Bryan 31 St. Louis Area Masters-OZ DQ  
 37.31 DQ

**Men 30-34 50 Yard Breaststroke****NATL: 25.69 N 5/4/2008 JEFF COMMINGS**

1 Cooley, Bryan 31 St. Louis Area Masters-OZ 34.76

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NATL: 22.22 N 5/16/1999 BRIAN ALDERMAN

1 Cooley, Bryan 31 St. Louis Area Masters-OZ 30.36

**Men 35-39 50 Yard Freestyle**

NATL: 20.14 N 5/4/2008 JOSH DAVIS

1 Beck, Jonathan P 38 St. Louis Area Masters-OZ 26.47

**Men 35-39 100 Yard Freestyle**

NATL: 45.32 N 4/23/2006 VLAD PYSHNENKO

1 Beck, Jonathan P 38 St. Louis Area Masters-OZ 56.70

27.62 56.70

**Men 35-39 200 Yard Freestyle**

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS

1 Gundersen, Karl R 39 St. Louis Area Masters-OZ 2:11.08

31.41 1:04.53 1:37.79 2:11.08

2 Beck, Jonathan P 38 St. Louis Area Masters-OZ 2:12.96

31.31 1:05.29 1:39.93 2:12.96

**Men 35-39 50 Yard Backstroke**

NATL: 22.70 N 5/4/2008 JOSH DAVIS

1 Beck, Jonathan P 38 St. Louis Area Masters-OZ 32.29

**Men 35-39 50 Yard Breaststroke**

NATL: 25.89 N 5/18/2003 RON KARNAUGH

1 Gundersen, Karl R 39 St. Louis Area Masters-OZ 33.25

**Men 35-39 100 Yard IM**

NATL: 50.06 N 5/4/2008 JOSH DAVIS

1 Beck, Jonathan P 38 St. Louis Area Masters-OZ 1:05.88

29.26 1:05.88

**Men 35-39 200 Yard IM**

NATL: 1:48.74 N 12/22/2002 RON KARNAUGH

1 Gundersen, Karl R 39 St. Louis Area Masters-OZ 2:23.95

29.23 1:07.06 1:48.70 2:23.95

2 Beck, Jonathan P 38 St. Louis Area Masters-OZ 2:29.54

30.98 1:06.84 1:53.57 2:29.54

**Men 40-44 50 Yard Freestyle**

NATL: 20.95 N 4/25/2004 PAUL SMITH

1 Bainbridge, Graeme 41 Csp Tideriders Master Swim Clu- 24.54

2 Leming, Vernon R 41 Csp Tideriders Master Swim Clu- 26.91

**Men 40-44 100 Yard Freestyle**

NATL: 45.35 N 5/4/2008 MICHAEL ROSS

1 Leming, Vernon R 41 Csp Tideriders Master Swim Clu- 1:00.48

29.25 1:00.48

**Men 40-44 200 Yard Freestyle**

NATL: 1:38.94 N 5/4/2008 MICHAEL ROSS

1 Leming, Vernon R 41 Csp Tideriders Master Swim Clu- 2:14.60

30.00 1:03.60 1:38.74 2:14.60

2 Hopson, Bruce E 43 St. Louis Area Masters-OZ 2:16.00

31.57 1:05.30 1:40.27 2:16.00

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 40-44 500 Yard Freestyle****NATL: 4:41.58 N 4/23/2006 DENNIS BAKER**

1	Hopson, Bruce E	43	St. Louis Area Masters-OZ	5:37.78
	30.53	1:03.12	1:36.49	2:10.37
	2:44.61	3:18.77	3:53.43	4:28.14
	5:03.33	5:37.78		

**Men 40-44 1000 Yard Freestyle****NATL: 9:37.46 N 5/20/2007 JEFF ERWIN**

1	Hopson, Bruce E	43	St. Louis Area Masters-OZ	11:39.74
	32.24	1:06.77	1:41.93	2:16.96
	2:52.46	3:28.18	4:04.06	4:39.71
	5:15.75	5:51.32	6:26.27	7:01.48
	7:37.07	8:12.15	8:47.29	9:22.21
	9:57.09	10:32.09	11:06.42	11:39.74

**Men 40-44 100 Yard Backstroke****NATL: 49.40 N 5/4/2008 MICHAEL ROSS**

1	Hopson, Bruce E	43	St. Louis Area Masters-OZ	1:03.87
	31.11	1:03.87		

**Men 40-44 200 Yard Backstroke****NATL: 1:50.09 N 5/4/2008 MICHAEL ROSS**

1	Hopson, Bruce E	43	St. Louis Area Masters-OZ	2:18.84
	32.14	1:07.41	1:43.50	2:18.84

**Men 40-44 50 Yard Breaststroke****NATL: 25.84 N 5/18/2003 GREG RHODENBAUGH**

1	Bainbridge, Graeme	41	Csp Tideriders Master Swim Clu-	31.33
2	Leming, Vernon R	41	Csp Tideriders Master Swim Clu-	37.57

**Men 40-44 100 Yard Breaststroke****NATL: 57.04 N 5/18/2003 WALLY DICKS**

1	Bainbridge, Graeme	41	Csp Tideriders Master Swim Clu-	1:07.17
	31.88	1:07.17		

**Men 40-44 400 Yard IM****NATL: 4:05.98 N 5/4/2008 ROQUE SANTOS**

1	Hopson, Bruce E	43	St. Louis Area Masters-OZ	5:00.47
	31.61	1:06.52	1:45.23	2:22.86
	3:07.34	3:51.72	4:26.78	5:00.47

**Men 45-49 50 Yard Freestyle****NATL: 21.10 N 5/4/2008 JOHN SMITH**

1	Rempert, John	45	St. Louis Area Masters-OZ	25.31
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**Men 45-49 100 Yard Freestyle****NATL: 46.89 N 5/4/2008 PAUL SMITH**

1	Rempert, John	45	St. Louis Area Masters-OZ	55.80
	27.16	55.80		

**Men 45-49 200 Yard Freestyle****NATL: 1:43.79 N 5/4/2008 PAUL SMITH**

*1	Sullivan, Daniel J	48	St. Louis Area Masters-OZ	2:02.49
	28.64	59.55	1:31.71	2:02.49
*1	Rempert, John	45	St. Louis Area Masters-OZ	2:02.49
	28.65	59.51	1:31.67	2:02.49

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 45-49 500 Yard Freestyle**

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

Ozark Record: 5:42.57 \* 1981 Al Coxon

1	Rempert, John	45	St. Louis Area Masters-OZ	5:29.78*
	28.99	1:00.92	1:33.53	2:07.21
	2:40.61	3:14.14	3:48.02	4:21.85
	4:55.94	5:29.78		

**Men 45-49 1000 Yard Freestyle**

NATL: 9:54.65 N 5/22/2005 KIRK ANDERSON

Ozark Record: 12:34.81 \* 4/9/2000 Michael Schell

1	Rempert, John	45	St. Louis Area Masters-OZ	11:35.54*
	31.11	1:05.24	1:39.81	2:14.55
	2:49.01	3:23.52	3:58.19	4:32.96
	5:08.73	5:44.11	6:19.32	6:54.80
	7:30.26	8:05.90	8:41.10	9:16.55
	9:51.81	10:27.01	11:02.05	11:35.54

**Men 45-49 50 Yard Backstroke**

NATL: 24.31 N 5/4/2008 J CLAY BRITT

1	Rempert, John	45	St. Louis Area Masters-OZ	31.20
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**Men 45-49 100 Yard Backstroke**

NATL: 52.33 N 5/4/2008 J CLAY BRITT

1	Rempert, John	45	St. Louis Area Masters-OZ	1:04.19
	32.03	1:04.19		

**Men 45-49 50 Yard Breaststroke**

NATL: 27.14 N 5/4/2008 CHRIS WEISSMAN

1	Dowd, Douglas B	48	St. Louis Area Masters-OZ	41.99
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**Men 45-49 50 Yard Butterfly**

NATL: 22.67 N 5/4/2008 PAUL SMITH

1	Sullivan, Daniel J	48	St. Louis Area Masters-OZ	28.11
2	Dowd, Douglas B	48	St. Louis Area Masters-OZ	32.86

**Men 45-49 100 Yard Butterfly**

NATL: 51.37 N 5/4/2008 PAUL SMITH

1	Dowd, Douglas B	48	St. Louis Area Masters-OZ	1:21.66
	36.60	1:21.66		

**Men 45-49 200 Yard Butterfly**

NATL: 1:51.97 N 5/20/2007 DENNIS BAKER

1	Sullivan, Daniel J	48	St. Louis Area Masters-OZ	2:11.75
	29.12	1:02.52	1:36.36	2:11.75

**Men 45-49 100 Yard IM**

NATL: 52.84 N 5/4/2008 JOHN SMITH

1	Dowd, Douglas B	48	St. Louis Area Masters-OZ	1:19.86
	36.90	1:19.86		

**Men 50-54 50 Yard Freestyle**

NATL: 21.73 N 5/10/1998 RICHARD ABRAHAMS

1	Harms, Jeffery K	50	St. Louis Area Masters-OZ	29.98
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**Men 50-54 100 Yard Freestyle**

NATL: 48.05 N 5/4/2008 STU MARVIN

1	Harms, Jeffery K	50	St. Louis Area Masters-OZ	1:06.86
	31.72	1:06.86		

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****(Men 50-54 100 Yard Freestyle)**

2 Dageforde, Thomas (Tad) A 51 St. Louis Area Masters-OZ 1:16.16  
 35.72 1:16.16

**Men 50-54 200 Yard Freestyle****NATL: 1:46.25 N 5/4/2008 BOB BUGG**

1 Balfour, Brian P 52 Csp Tideriders Master Swim Clu- 2:27.70  
 30.46 1:07.33 1:47.89 2:27.70  
 2 Ericson, Bob 51 Csp Tideriders Master Swim Clu- 3:16.88  
 3:17.20 3:16.88

**Men 50-54 1000 Yard Freestyle****NATL: 9:57.78 N 5/17/2002 JIM MCCONICA****Ozark Record: 17:26.24 \* 2004 Michael Sappington**

1 Ericson, Bob 51 Csp Tideriders Master Swim Clu- 17:11.30\*  
 40.03 1:26.97 2:16.68 3:09.04 4:01.03 4:52.57 5:45.59 6:36.91  
 7:28.76 8:22.61 9:15.85 10:09.57 11:03.06 11:56.15 12:49.84 13:41.60  
 14:35.24 15:27.50 16:19.64 17:11.30

**Men 50-54 1650 Yard Freestyle****NATL: 16:42.07 N 5/20/2001 JIM MCCONICA**

1 Balfour, Brian P 52 Csp Tideriders Master Swim Clu- 21:27.19  
 32.11 1:10.12 1:49.35 2:28.56 3:07.38 3:46.63 4:25.78 5:05.21  
 5:44.66 6:23.99 7:03.52 7:43.20 8:22.98 9:03.08 9:42.51 10:22.29  
 11:01.86 11:41.27 12:20.71 12:59.88 13:39.37 14:18.32 14:58.09 15:37.22  
 16:16.29 16:55.16 17:34.26 18:13.52 18:53.46 19:32.25 20:11.06 20:50.09 21:27.19

**Men 50-54 50 Yard Backstroke****NATL: 26.24 N 5/23/1993 ROBERT SMITH**

1 Gibson, Paul E 53 St. Louis Area Masters-OZ 33.41  
 2 Balfour, Brian P 52 Csp Tideriders Master Swim Clu- 35.82  
 3 Dageforde, Thomas (Tad) A 51 St. Louis Area Masters-OZ 45.04

**Men 50-54 50 Yard Breaststroke****NATL: 27.39 N 5/4/2008 JAY MCDONALD**

1 Ericson, Bob 51 Csp Tideriders Master Swim Clu- 43.47

**Men 50-54 100 Yard Breaststroke****NATL: 1:01.02 N 5/10/1998 DON MCKENZIE**

1 Dageforde, Thomas (Tad) A 51 St. Louis Area Masters-OZ 1:39.98  
 46.77 1:39.98

**Men 50-54 100 Yard Butterfly****NATL: 51.93 N 4/13/2008 PAUL CARTER**

1 Balfour, Brian P 52 Csp Tideriders Master Swim Clu- 1:14.92  
 34.11 1:14.92

**Men 50-54 100 Yard IM****NATL: 56.04 N 4/25/2004 TIMOTHY SHEAD**

1 Balfour, Brian P 52 Csp Tideriders Master Swim Clu- 1:13.52  
 32.20 1:13.52  
 2 Dageforde, Thomas (Tad) A 51 St. Louis Area Masters-OZ 1:29.51  
 40.77 1:29.51

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 50-54 200 Yard IM****NATL: 2:03.44 N 4/13/2008 KEN SHILLING**

1	Balfour, Brian P	52	Csp Tideriders Master Swim Clu-	2:52.47
	36.64 1:22.78 2:15.37 2:52.47			
2	Ericson, Bob	51	Csp Tideriders Master Swim Clu-	3:33.40
	44.43 1:42.84 2:38.02 3:33.40			

**Men 55-59 50 Yard Freestyle****NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS**

1	Wrape, George H	56	St. Louis Area Masters-OZ	27.31
2	Smith, Stephen D	56	St. Louis Area Masters-OZ	30.05
3	Davidson, Wallace N	56	St. Louis Area Masters-OZ	36.32

**Men 55-59 100 Yard Freestyle****NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS**

1	Grass, Greg M	57	Unattached - Southeastern-SE	1:05.36
	32.05 1:05.36			
2	Smith, Stephen D	56	St. Louis Area Masters-OZ	1:09.71
	32.28 1:09.71			
3	Davidson, Wallace N	56	St. Louis Area Masters-OZ	1:19.88
	38.12 1:19.88			

**Men 55-59 200 Yard Freestyle****NATL: 1:50.85 N 5/14/2006 JIM MCCONICA**

1	Grass, Greg M	57	Unattached - Southeastern-SE	2:31.01
	36.47 1:15.01 1:53.71 2:31.01			

**Men 55-59 500 Yard Freestyle****NATL: 4:57.82 N 5/20/2007 JIM MCCONICA**

1	Grass, Greg M	57	Unattached - Southeastern-SE	6:47.97
	37.63 1:16.68 1:56.94 3:19.70 4:01.47 4:43.66 5:25.80			
	6:47.97			
2	Davidson, Wallace N	56	St. Louis Area Masters-OZ	7:46.34
	42.43 1:27.16 2:13.20 2:59.99 3:46.71 4:34.25 5:22.86 6:10.83			
	6:59.21 7:46.34			

**Men 55-59 1000 Yard Freestyle****NATL: 10:07.36 N 5/14/2006 JIM MCCONICA****Ozark Record: 16:26.09 \* 1990****William Cannon**

1	Grass, Greg M	57	Unattached - Southeastern-SE	14:29.82*
	40.56 2:49.60 3:33.52 4:17.93 5:02.24			
	7:16.20 8:00.25 8:43.95 9:27.95 10:11.99 10:55.28			
	12:21.99 13:05.61 13:48.93 14:29.82			
2	Davidson, Wallace N	56	St. Louis Area Masters-OZ	16:05.76*
	42.43 1:29.42 2:17.46 3:06.18 3:53.96 4:42.79 5:31.42 6:19.70			
	7:08.45 7:56.92 8:45.65 9:34.16 10:22.92 11:12.38 12:01.72 12:50.73			
	13:40.46 14:30.09 15:19.41 16:05.76			

**Men 55-59 1650 Yard Freestyle****NATL: 17:11.12 N 5/20/2007 JIM MCCONICA**

1	Patterson, Bob	58	St. Louis Area Masters-OZ	29:02.09
	48.01 1:40.64 2:34.76 3:27.57 4:20.78 5:13.25 6:05.96 6:59.14			
	7:52.12 8:44.63 9:37.86 10:29.83 11:23.70 12:17.18 13:10.18 14:02.47			
	14:55.33 15:48.85 16:41.64 17:34.49 18:27.00 19:21.06 20:14.86 21:08.95			
	22:01.75 22:55.14 23:48.70 24:42.13 25:35.20 26:28.18 27:21.96 28:13.19 29:02.09			

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 55-59 50 Yard Backstroke****NATL: 26.51 N 5/4/2008 GEOFF MYKLEBY**

1	Wrape, George H	56	St. Louis Area Masters-OZ	35.30
2	Smith, Stephen D	56	St. Louis Area Masters-OZ	36.97
3	Reed, Steven D	57	St. Louis Area Masters-OZ	40.88

**Men 55-59 100 Yard Backstroke****NATL: 57.61 N 5/4/2008 TIMOTHY SHEAD**

1	Smith, Stephen D	56	St. Louis Area Masters-OZ	1:18.13
	37.45 1:18.13			
2	Reed, Steven D	57	St. Louis Area Masters-OZ	1:28.24
	43.75 1:28.24			

**Men 55-59 50 Yard Breaststroke****NATL: 27.81 N 5/4/2008 TIMOTHY SHEAD**

1	Smith, Stephen D	56	St. Louis Area Masters-OZ	35.91
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**Men 55-59 100 Yard Breaststroke****NATL: 1:01.42 N 5/4/2008 TIMOTHY SHEAD**

1	Smith, Stephen D	56	St. Louis Area Masters-OZ	1:22.46
	39.02 1:22.46			

**Men 55-59 50 Yard Butterfly****NATL: 24.16 N 3/25/2007 GREG SHAW**

1	Grass, Greg M	57	Unattached - Southeastern-SE	32.65
2	Reed, Steven D	57	St. Louis Area Masters-OZ	33.44
3	Smith, Stephen D	56	St. Louis Area Masters-OZ	33.70

**Men 55-59 100 Yard Butterfly****NATL: 54.37 N 5/4/2008 GREG SHAW**

1	Grass, Greg M	57	Unattached - Southeastern-SE	1:16.70
	37.96 1:16.70			

**Men 55-59 200 Yard Butterfly****NATL: 2:05.59 N 3/25/2007 GREG SHAW**

---	Grass, Greg M	57	Unattached - Southeastern-SE	DQ
	40.32 1:26.18			

**Men 55-59 100 Yard IM****NATL: 56.20 N 5/4/2008 TIMOTHY SHEAD**

1	Smith, Stephen D	56	St. Louis Area Masters-OZ	1:13.48
	34.11 1:13.48			
2	Reed, Steven D	57	St. Louis Area Masters-OZ	1:17.68
	37.27 1:17.68			
3	Grass, Greg M	57	Unattached - Southeastern-SE	1:20.24
	37.85 1:20.24			

**Men 55-59 200 Yard IM****NATL: 2:04.09 N 5/4/2008 TIMOTHY SHEAD**

1	Smith, Stephen D	56	St. Louis Area Masters-OZ	2:46.92
	36.74 1:20.93 2:07.00 2:46.92			
2	Grass, Greg M	57	Unattached - Southeastern-SE	2:57.41
	34.72 1:24.45 2:19.65 2:57.41			

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 55-59 400 Yard IM****NATL: 4:30.18 N 5/4/2008 RICK COLELLA**

1	Grass, Greg M	57	Unattached - Southeastern-SE	6:20.00
	40.65 1:23.45 2:15.92 3:07.27 4:03.49 4:58.76 6:20.08 6:20.00			

**Men 65-69 50 Yard Breaststroke****NATL: 31.76 N 5/4/2008 LOUIS KRONFELD**

1	Pohlmann, John T	65	St. Louis Area Masters-OZ	36.91
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**Men 65-69 100 Yard Breaststroke****NATL: 1:10.58 N 5/20/2007 RICHARD TODD**

1	Pohlmann, John T	65	St. Louis Area Masters-OZ	1:26.14
	37.79 1:26.14			

**Men 65-69 200 Yard Breaststroke****NATL: 2:36.30 N 5/20/2007 RICHARD TODD**

1	Pohlmann, John T	65	St. Louis Area Masters-OZ	3:17.13
	45.33 1:36.83 2:28.12 3:17.13			

**Men 75-79 100 Yard Freestyle****NATL: 1:03.02 N 5/18/2008 BURWELL JONES**

1	Cannon, William C	78	St. Louis Area Masters-OZ	1:46.07
	47.58 1:46.07			

**Men 75-79 200 Yard Freestyle****NATL: 2:21.40 N 7/2/2007 GRAHAM JOHNSTON**

1	Cannon, William C	78	St. Louis Area Masters-OZ	4:01.86
	51.59 1:53.15 2:57.88 4:01.86			

**Men 75-79 50 Yard Backstroke****NATL: 33.03 N 5/18/2008 BURWELL JONES**

1	Cannon, William C	78	St. Louis Area Masters-OZ	1:04.50
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**Men 75-79 100 Yard Backstroke****NATL: 1:13.31 N 5/18/2008 CLARKE MITCHELL**

1	Cannon, William C	78	St. Louis Area Masters-OZ	2:14.48
	1:04.31 2:14.48			

**Men 75-79 200 Yard Backstroke****NATL: 2:39.90 N 5/18/2008 BURWELL JONES**

1	Cannon, William C	78	St. Louis Area Masters-OZ	4:57.92
	1:06.82 2:23.27 3:41.66 4:57.92			

**Men 75-79 50 Yard Breaststroke****NATL: 35.64 N 4/30/2006 JOHN KORTHEUER**

1	Cannon, William C	78	St. Louis Area Masters-OZ	1:03.76
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**Men 75-79 100 Yard Breaststroke****NATL: 1:22.64 N 4/30/2006 JOHN KORTHEUER**

1	Cannon, William C	78	St. Louis Area Masters-OZ	2:30.93
	1:11.89 2:30.93			

**Men 75-79 200 Yard Breaststroke****NATL: 3:07.20 N 4/1/2007 RON JOHNSON**

1	Cannon, William C	78	St. Louis Area Masters-OZ	5:15.80
	1:10.71 2:33.51 3:55.29 5:15.80			

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 75-79 100 Yard IM****NATL: 1:13.14 N 5/18/2008 BURWELL JONES**

1 Cannon, William C 78 St. Louis Area Masters-OZ 2:06.05  
 59.91 2:06.05

**Men 80-84 200 Yard Freestyle****NATL: 2:38.33 N 4/24/2005 FRANK PIEMME**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 3:04.37  
 41.49 1:27.98 2:15.95 3:04.37

**Men 80-84 500 Yard Freestyle****NATL: 7:17.43 N 4/24/2005 FRANK PIEMME**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 8:18.59  
 42.24 1:29.61 2:19.54 3:10.66 4:02.06 4:53.74 5:45.22 6:37.55  
 7:28.60 8:18.59

**Men 80-84 100 Yard Butterfly****NATL: 1:30.06 N 5/16/1999 ANDREW HOLDEN**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 1:41.00  
 45.95 1:41.00

**Men 80-84 200 Yard Butterfly****NATL: 3:25.55 N 4/23/2006 THOMAS MAINE**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 3:44.09  
 47.31 1:44.01 2:44.04 3:44.09

**Men 80-84 200 Yard IM****NATL: 3:10.28 N 4/10/2005 FRANK PIEMME**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 3:31.06  
 46.33 1:42.26 2:43.05 3:31.06

**Men 80-84 400 Yard IM****NATL: 6:52.79 N 4/10/2005 FRANK PIEMME**

1 Maine, Thomas O 83 St. Louis Area Masters-OZ 7:24.85  
 47.64 1:43.20 2:41.16 3:39.75 4:42.69 5:44.80 6:35.41 7:24.85

**Women 55+ 200 Yard Freestyle Relay****NATL: 2:01.59 N 5/20/2007 PNA****J BLACKBURN, S WELCH, S DILLON, C DAVIS****Ozark Record: 2:02.40 \* 3/30/2008 St Louis Area Masters****L Smith, T McDowell, C Kohn, A Mueller**

1 St. Louis Area Masters-OZ A 1:59.72N  
 1) McDowell, Teresa W W58 2) Kohn, Catherine K W55 3) Mueller, Ardeth R W67 4) Smith, Laurie G W56  
 31.58 1:01.44 1:30.48 1:59.72

**Women 55+ 200 Yard Medley Relay****NATL: 2:15.54 N 5/20/2007 PNA****S DILLS, S DILLON, C DAVIS, S WELCH****Ozark Record: 2:16.43 \* 3/30/2008 St Louis Area Masters****T McDowell, C Kohn, A Mueller, L Smith**

1 St. Louis Area Masters-OZ A 2:13.99N  
 1) McDowell, Teresa W W58 2) Kohn, Catherine K W55 3) Mueller, Ardeth R W67 4) Smith, Laurie G W56  
 35.86 1:12.87 1:44.50 2:13.99

**2009 Ozark LMSC SCY Championship - 3/7/2009 to 3/8/2009****Sanction #: 228-002****Results****Men 25+ 200 Yard Freestyle Relay****NATL: 1:23.06 N 5/18/2003 OLYMPIC CLUB****B SCHUMACHER, L WANIE, S GREENWOOD, P SAGISI**

- 1 St. Louis Area Masters-OZ A 1:58.54  
 1) Black, Jeff P M34 2) Smith, Stephen D M56 3) Dowd, Douglas B M48 4) Reed, Steven D M57  
 30.21 1:01.06 1:29.54 1:58.54

**Men 45+ 400 Yard Medley Relay****NATL: 3:42.85 N 5/2/2004 NCMS****F LEHMAN, T DIMSDALE, T LEHMAN, J KLEIN**

- 1 St. Louis Area Masters-OZ A 5:12.06  
 1) Wrape, George H M56 2) Smith, Stephen D M56 3) Reed, Steven D M57 4) Harms, Jeffery K M50  
 38.09 1:19.07 1:36.98 1:56.78 2:39.50 3:18.51 4:35.66 5:12.06

**Mixed 25+ 200 Yard Freestyle Relay****NATL: 1:29.40 N 5/21/1990 S. CAL AQUATIC****C PONTHER, D GRANER, K BUSH, P MCCLAFFERTY**

- 1 St. Louis Area Masters-OZ A 1:50.01  
 1) Beck, Jonathan P M38 2) Hiebert, Stephanie I W31 3) Scott, Emily E W27 4) Hopson, Bruce E M43  
 26.89 54.37 1:24.09 1:50.01
- 2 St. Louis Area Masters-OZ B 1:51.02  
 1) Smith, Laurie G W56 2) Rempert, John M45 3) Uppstrom, Noreen L W44 4) Cooley, Bryan M31  
 31.41 57.20 1:25.09 1:51.02

**Mixed 25+ 200 Yard Freestyle Relay****NATL: 1:29.40 N 5/21/1990 S. CAL AQUATIC****C PONTHER, D GRANER, K BUSH, P MCCLAFFERTY**

- 1 St. Louis Area Masters-OZ A 1:52.85  
 1) Scott, Emily E W27 2) Gundersen, Karl R M39 3) Hiebert, Stephanie I W31 4) Beck, Jonathan P M38  
 29.67 56.47 1:26.20 1:52.85

**Mixed 35+ 200 Yard Medley Relay****NATL: 1:40.09 N 5/4/2008 COLORADO****D ROBINSON, A BARTLESON, S VON DER LIPPE, C SAPPEY**

- 1 St. Louis Area Masters-OZ A 2:41.31  
 1) Dageforde, Thomas (Tad) A2) Higgins, Mary Nani W42 3) Rempert, John M45 4) Palmer, Karen W43  
 41.44 1:23.88 1:52.96 2:41.31

**Mixed 55+ 200 Yard Medley Relay****NATL: 2:02.63 N 5/4/2008 NEW ENGLAND****D BRIGHT, B HUMMEL, G SHAW, C SASSER**

- St. Louis Area Masters-OZ A DQ  
 1) Kohn, Catherine K W55 2) Smith, Stephen D M56 3) Smith, Laurie G W56 4) Wrape, George H M56  
 35.49 1:10.43 1:45.59 DQ